

## Trust Board Meeting – 22<sup>nd</sup> December 2020

### CEO Board Report

#### Purpose of the report

This paper provides an update on current local issues and national policy developments since the last meeting. The details below are drawn from a variety of sources, including local meetings and information published by NHS England/Improvement, Health Education England, NHS Providers and the CQC.

#### Analysis of the issue

Since my last report there have been a number of national, regional and local updates with regards to the ongoing Covid-19 situation. The NHS has returned to the highest level of emergency preparedness, Incident Level 4 and the ICCs internal arrangements reflect the current national and regional position given that Leicestershire are now also in Tier 3. Regular Strategic Gold meetings are taking place and governance arrangements reflect the current position.

In November 2020 we introduced twice weekly lateral flow testing for all patient-facing staff to help prevent the spread of Covid-19 infection by asymptomatic staff. We were selected as one of 34 Trusts to pilot this nationally and staff worked hard to put a process in a short timescale to ensure this was rolled out safely and efficiently.

As we look ahead we welcome the national news that the Pfizer/Biotech vaccine has been approved and will now be rolled out in line with the national guidance, with health and social care staff and the most vulnerable being prioritised. The Trust has been working alongside system partners in the extensive planning and preparation in readiness to roll out the vaccination. Work is currently taking place to finalise local plans and volunteers from our services will be involved in the programme of vaccinations both for health and social care staff and members of the public. In the meantime we should all continue to follow all IPC and social distancing guidance. We are also taking every opportunity to remind all staff to keep themselves, their patients and their loved ones protected this winter by having the flu jab.

We continue to prepare for the end of the EU transition period and engage with any national updates/requests from our regional co-ordination centres.

As a Trust we recently took the opportunity to reflect through our Step Up To Great Conference, held virtually due to current restrictions. This online time-out session provided an opportunity for all staff to take stock and acknowledge how much we have achieved to date. It also provided the opportunity to pause together and reflect both on where we are now, what we have learned, and where we need to focus our energy in the short and longer term.

Given this is the last CEO report for 2020 I would like to reflect on our recent **#ThankYouWeekLPT**

campaign and say a huge thank you to each one of our staff who have shown incredible resilience and strength during a very difficult year. Your compassion, care, leadership and partnership working makes me a very proud CEO.



### **National Updates**

The Government has recently unveiled its Wellbeing and Mental Health Support Plan for winter, this plan sets out the support that will be in place in the immediate term to help support individuals to stay well during the second wave of the coronavirus and winter months ahead. It includes information on the PHE Better Health: Every Mind Matters that I referenced in my last report, as well as the promotion of talking therapies (IAPT) available through the NHS for those who need more mental health support.

Further information on the plan can be found here: <https://www.gov.uk/government/publications/staying-mentally-well-winter-plan-2020-to-2021>

### **NHS Help Us Help You Mental Health Services Campaign NHS England and NHS Improvement has launched its new 'Help Us Help You – Mental Health'**

As part of the ongoing national "Help Up Help You" there will be a focus to encourage anyone suffering from anxiety, depression or other issues to come forward for assessment and treatment through NHS talking therapies, also known as Improving Access to Psychological Therapies (IAPT).

The campaign, which will last for two months, aims at increasing awareness of NHS talking therapies services (IAPT). Through the campaign we hope to raise awareness of mental health and the support available across the population, with a specific focus on adults between 30-50 years, BAME communities and people struggling with unemployment.

### **IAPT for Older People**

The IAPT for Older People campaign has also recently been launched, which again is aimed at promoting NHS talking therapies through either being referred by your GP or self-referral online.

The campaign, run by Age UK, is specifically targeted to our older population recognising that Winter can already be a lonely time for our elderly population and we want them to also know the NHS can help.

### **Reducing Health Inequalities**

A new joint briefing by NHS Providers and the Provider Public Health Network, with support from Public Health England, sets out a plan of action for trusts to combat growing health inequalities in the next stage of the pandemic. This document presents a set of principles to help trusts and partner organisations understand and tackle health inequalities.

Further information can be found here: <https://nhsproviders.org/reducing-health-inequalities-associated-with-covid-19> .

### **Building strong and effective integrated care systems**

The development of Integrated Care Systems (ICSs) since 2018 has enabled NHS organisations, local councils, frontline professionals and others to join forces to plan and provide around residents' needs as locally as possible.

NHSE/I have published *The next steps to building strong and effective integrated care systems across England*, which builds on previous publications and the route map set out in the NHS Long Term Plan for health and care joined up locally around people's needs. The document sets out expectations for how integrated care systems will work from April 2021,

Proposals are designed to serve four fundamental purposes:

- improving population health and healthcare
- tackling unequal outcomes and access
- enhancing productivity and value for money
- helping the NHS to support broader social and economic development.

Further information can be found here: <https://www.england.nhs.uk/integratedcare/integrated-care-systems/>

### **Legal Guidance for Mental Health, Learning Disability and Autism and Specialised Commissioning: V3**

A number of updates have been made to the legal guidance supporting people of all ages during the coronavirus pandemic. This includes updates following the removal of the emergency Mental Health Act provisions from the Coronavirus Act, with an additional section (Annex F) sharing best practice for supporting people to isolate safely in mental health inpatient settings.

A copy of the document can be found here: <https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/C0866-updated-legal-guidance-for-mh-ld-and-autism-and-specialised-commissioning-services-v3.pdf>

### **MH Discharge Funding**

NHSEI have been allocated new funding for the remainder of 2020/21 to support more timely, enhanced discharge support for mental health patients. The intention is for NHS mental health services to begin to use this funding straightaway, working closely with local authorities and VCS partners to improve patient safety and support, and to address bed occupancy pressures and long waits in A&E. The Trust is working closely with health partners to utilise this additional funding to support our population.

Further information can be found here: <https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/C0894-Mental-health-winter-2021-discharge-funding-supporting-guidance-01-Dec-20-v2.pdf>



### **New CQC report published**

The CQC have recently published their annual report, Monitoring the Mental Health Act. This year's report focuses on the impact of the COVID-19 pandemic on patients detained under the MHA, and on the services that care for them. It recognises examples of innovation and good practice locally in responding to the unprecedented challenges of the last 9 months, as well as identifying things that could have gone better.

Overall, the report found that mental health inpatient services have coped well with COVID-19, but there will likely be unmet need resulting from the lock-downs and disruption to service delivery.

Further information can be found here: <https://www.cqc.org.uk/publications/major-report/monitoring-mental-health-act-201920-mental-health-act-coronavirus-covid-19>

### **Hospital food review published**

An independent review of hospital food commissioned by the government has made eight recommendations for NHS trusts to prioritise food safety and provide more nutritious meals to staff and patients. These recommendations cover:

- workforce
- nutrition and hydration
- food safety
- facilities
- technology
- sustainability
- enforcing standards
- the way forward to improving hospital food for patients, staff and visitors

An expert NHS group is being recruited to decide the next steps for national implementation and the recommendations are being taken through internal Strategic Executive Board.

Further information can be found here: <https://www.gov.uk/government/publications/independent-review-of-nhs-hospital-food>

### **Chief Nurse for Adult Social Care in England**

Professor Deborah Sturdy OBE has been appointed into a new role, Chief Nurse for Adult Social Care in England, representing social care nurses and providing clinical leadership to the workforce.

In her new role she will work closely alongside the Minister for Care and the Chief Nursing Officer as an important role in ensuring the provision of high quality, personalised, joined up care.

The Chief Nurse position will also act as an inspiring leader for social care nursing and help develop social care policy and how it relates to the workforce.

### **Local Developments**

#### **Leicester, Leicestershire and Rutland Update "Five on Friday"**

The latest edition of the health news from partners across LLR can be found in Appendix 1.

### **Recent events**

#### **Beacon Unit Opening**

On 18<sup>th</sup> November 2020 we opened our brand new, purpose-built CAMHS inpatient facility on the Glenfield Hospital site, The Beacon. I would like to thank all the staff involved in the development of this facility and who made sure everything was ready for our young people to move over safely. Given the current situation a 'virtual launch' took place in November and we hope that a formal opening event will take place in the new year.

### **Executive Team Update**

I am delighted to announce that Dr Anne Scott, our current Acting Director of Nursing, Allied Health Professionals and Quality has been appointed to the substantive executive director post. Anne has been leading our quality improvement journey within Step up to Great and our Covid-19 clinical response over the last year, and I am certain she will continue to be a valuable asset to our Trust Board.

We are also currently in an active recruitment process to appoint to a substantive CHS Executive Director role and Deputy CEO role.

### **16 Days of Activism at LPT against gender-based violence (25 Nov – 10 Dec)**

The 16 Days of Activism against Gender Based Violence Campaign started on Wednesday 25 November and run through to Thursday 10 December (Human Rights Day). Our safeguarding team have been exploring and sharing learning through a range of virtual activities focusing on a different theme each day for this 16-day period. The team are taking part in this global campaign to raise awareness of the different types of domestic abuse and to highlight the support and advice available on offer from the team.

### **Single EPR go-live**

During November 2020 LPT went live with a Single Electronic Patient Record (SystemOne). This was a significant moment for LPT, an achievement of a key part of step up to great and one that will provide big benefits to patients as we will have community care, primary care and mental health working on the same patient system. Our mental health and learning disabilities services have now gone live with SystemOne as a Single electronic patient record system across LPT. The successful launch was the biggest single-day go-live our Trust has undertaken, with more than 2,000 staff involved and the migration of some 90,000 patient records from RiO to SystemOne. It has also seen us realise one of our nine Step up to Great priorities, aligning services not only inside our Trust but also with the majority of primary care providers across Leicester, Leicestershire and Rutland. Around 90 per cent of patients' records are held on SystemOne. The move from Rio to SystemOne will help us to increase efficiency, reduce risks and improve the patient experience both in LPT and in the majority of primary care practices.

### **Boost for GP support on mental health**

November has also seen us go live with a new LLR-wide advice and guidance service from our memory and young onset dementia services. This service enables GPs can access specialist advice and guidance from a consultant within 10 working days. It is anticipated the new service will mean more patients can be supported for longer without the need for referral to secondary care services.

### **Adult mental health implementation:**

From 1st December 2020 we launched the first phase of a new adult mental health advice and guidance pilot for around 15 practices from across Leicestershire and Rutland. As part of this service GPs can send queries for:

- Advice on psychotropic medications
- Clarify questions around patient presentation and referral criteria

### **Improve early intervention support for young people with eating disorders**

LPT has been named as one of 18 Trusts nationally to receive £35,000 funding from NHS England/NHS Improvement to deliver an evidence-based early intervention programme to young adults with an eating disorder.

Along with Nottinghamshire Healthcare NHS Foundation Trust, we will be working with East Midlands Academic Health Science Network (EMAHSN) to roll out the FREED early intervention programme. FREED stands for First Episode Rapid Early Intervention for Eating Disorders and is a

model that was developed by South London and Maudsley NHS Foundation Trust and King's College London. Following the model, providers start treatment within four weeks of referral for eligible young adults aged 16-25. FREED emphasises early, pro-active engagement, early symptom change, family involvement, attention to the effects of eating disorders on the brain, attention to social media use, and a focus on transitions such as leaving school and starting university or entering the workplace.

### **Happy Diwali**

It was brilliant to see LPT coming together to celebrate Diwali with its Buddy Trust NHFT. Although celebrations this year have not been the same as other years the virtual event provided the opportunity for staff to come together to celebrate to share Diwali facts, food and dancing.

### **Disability History Month**

Our MAPLE staff network have been working really hard to promote Disability History Month, running a series of MSTeams sessions to raise awareness and for International day of people with disabilities on 3 December 2020 the MAPLE network hosted a series of seminars to share their lived experiences to help raise awareness of the challenges individuals face whilst living with a hidden disability.

### **Launch of next reverse mentoring programme**

I am pleased to advise you that the launch of the LLR System wide Reverse Mentoring Programme took place on Friday 6th November at an event co-chaired by our Head of EDI, Haseeb Ahmad. Applications closed on 27th November with training being planned from mid-December and the programme commencing in Jan 2021 for 6 months. This is the second cohort reverse mentoring programme for 2020/21 following the great deal of interest across LLR with the success of the first programme during 2019/2020. The 2020/21 programme sets out to address race and disability issues and will be broadened to include other "protected characteristics" such as gender, and sexual orientation for future programmes. I look forward to sharing updates with you on the programme throughout 2021.

### **Award News**

#### **Autoplanner**

I am delighted to inform you that the Autoplanner project has won another award! This time it's the "Best Use of a Solution" category in the Smarter Working Live 2020 awards.

The entry was based on work to introduce new computer functionality for staff working in the community, which optimised travel between patients' homes, the services they needed, and the skill level of the individual staff, and the availability of staff. LPT's community nurses were the first to try out the new module, called Autoplanner. It is now being used by LPT's continence nurses and phlebotomists as well.

The project won the Workforce Innovation category in the Health Service Journal Partnership Awards in February this year. It was also shortlisted in the Nursing Times awards, and was highly commended (runner up) in HTN (The Health Tech Newspaper)'s "Excellence in Implementation" category.

#### **NHS Workplace Race Equality Award**

I am proud to inform you that we have made the shortlist for the NHS Workplace Race Equality Award, as part of the annual Health Service Journal (HSJ) 2020 Awards. This award recognises initiatives which promote race equality and inclusion within the workplace, and improve the experience of Black, Asian and Minority Ethnic (BAME) staff. A wide variety of ideas have been employed at LPT to help drive the race equality and inclusion agenda forward. The Autoplanner project, discussed above is also in contention for the Partnership of the Year award.

The winner of both awards will be announced on 17 March 2021.

**Cavell Star Award: Andrea Ridgeway, Community staff nurse**

A big congratulations to Andrea Ridgeway, community staff nurse, who has been presented with a Cavell Star Award. Cavell Star Awards are given to nurses, midwives, nursing associates and healthcare assistants who shine bright and show exceptional care.

**Royal College Presidential medal for Prof. Mohammed Al-Uzri**

Congratulations to Prof. Mohammed Al-Uzri on receiving a prestigious national honour from the Royal College of Psychiatrists celebrating his long-standing work for the College, in particular on international collaborations to improve standards of mental health care in the UK and overseas.

**Executive Directors: external meetings since last Trust Board**

November/December 2020	
Buddy Forum	LLR Mutual Aid
Chief Financial Officers	LLR NHS System Executive Meeting
COVID-19 Outbreak SCG	LLR Children & Young People's Design Group
CQC Engagement Meeting	LLR Workforce Cell Group – COVID 19
Crisis Alternatives & Liaison Transformation funding Q&A session & drop-in	LPT/NHFT Board Development – Building Stronger Relationships
East Midlands Alliance	MH/LD COVID1-19 Response
East Midlands Alliance: Strategy Director Meeting	Midlands Regional Mental Health Oversight Group
East Midlands DoFs	Midlands and East MH and LD CEO's meeting
East Midlands HRD Network	MH Collaborative Board
East Midlands SPF	MHA Assessments Section 12 Doctors – T&F Group
Health Economy Strategic Co-ordinating Group	MH Liaison Service Engagement sessions
Healthwatch	MH Programme Delivery Board
Health & Wellbeing Board	MH Finance Clinic
HRD's national catch up	Midlands Talent Management and Leadership & Lifelong Learning System Workforce Leads Engagement Session
HRDs & People Leaders Webinar	Moving Towards New Models of Care in MH for LLR
HR System Catch up	National CE Working Group
IMPACT Risk and Gain Share	NHSE/I CEO Advisory Group
Joint Adult Social Care / Health & Wellbeing Scrutiny Commission Meeting	Purple Light Up (recording NHS panel)
*Leicestershire Academic Health Partners Board	Regional Midlands Strategic and Recovery (STaR) Group
*Leicester City Health & Wellbeing Scrutiny Commission	Regional MH Oversight Group
Leicester Against Racism Meeting - Liz Kendall MP	Strategic Gold
LLR STP	Strategic Partnership Board Meeting
LLR Mental Health Community Transformation Stocktake Meeting	System Operational Group
*LLR Health Overview Scrutiny Committee	System Workforce planning and recovery work (NHSI)
*LLR CCG/LA/Providers Meeting	Together Against Racism Workshop
LLR (Q2) Quarterly System Review Meeting	Workforce Project Plan



## Proposal

It is proposed that the Board considers this report and seeks any clarification or further information pertaining to it as required.

## Decision required

### Appendices

Appendix 1: BCT Briefing

## Governance table

<b>For Board and Board Committees:</b>	Trust Board	
<b>Paper sponsored by:</b>	Angela Hillery, Chief Executive	
<b>Paper authored by:</b>	Sinead Ellis-Austin, Business Manager	
<b>Date submitted:</b>	14 <sup>th</sup> December 2020	
<b>State which Board Committee or other forum within the Trust's governance structure, if any, have previously considered the report/this issue and the date of the relevant meeting(s):</b>	N/A	
<b>If considered elsewhere, state the level of assurance gained by the Board Committee or other forum i.e. assured/ partially assured / not assured:</b>	N/A	
<b>State whether this is a 'one off' report or, if not, when an update report will be provided for the purposes of corporate Agenda planning</b>	Report provided at each meeting	
<b>STEP up to GREAT strategic alignment*:</b>	High Standards	
	Transformation	Y
	Environments	
	Patient Involvement	
	Well Governed	Y
	Single Patient Record	
	Equality, Leadership, Culture	Y
	Access to Services	Y
	Trustwide Quality Improvement	Y
<b>Organisational Risk Register considerations:</b>	List risk number and title of risk	All
<b>Is the decision required consistent with LPT's risk appetite:</b>	Y	
<b>False and misleading information (FOMI) considerations:</b>	None believed to apply	
<b>Positive confirmation that the content does not risk the safety of patients or the public</b>	The content does not risk the safety of patients/the public	
<b>Equality considerations:</b>	None believed to apply	