

COVID-19 Guidance

In line with government advice volunteers must:

- Be healthy, fit and well
- Be under 70 (if in a patient facing role)
- Not be pregnant
- Not fall into one of the population groups that are considered to be more vulnerable to COVID-19 ([list here](#))

All volunteers **must** stop volunteering should they feel unwell and to follow the latest government and NHS advice for the public especially regarding COVID-19 symptoms, [click here](#) for more information.

All active Volunteers displaying symptoms of COVID-19, fall within the category for priority testing.

You can ask for a test:

- for yourself, if you have coronavirus symptoms now (a high temperature, a new, continuous cough, or a loss or change to your sense of smell or taste)
- for someone you live with, if they have coronavirus symptoms

Please note that the tests are not suitable for children under 5 years old.

For guidance on coronavirus testing for essential workers, including information on the process, how to request a test [click here](#)

It is a legal requirement to self-isolate if you test positive or are told to self-isolate by NHS Test and Trace. You will be required to contact the Volunteering Team at your earliest convenience if either case is applicable to you, [click here](#) for more information.

We require that you inform the Volunteering Team, if you are self-isolating or if you have tested positive; by emailing: volunteering@leicspart.nhs.uk or calling: 0116 295 0918.