

Autism Spectrum Disorder:

On behalf of our mental and physical life experience staff support group we have identified the need to raise awareness of Autism Spectrum Disorder (ASD). This guide will provide you with range of useful links, training and support to help you better understand what ASD is, how you can support someone with the condition or how you can go about seeking help for yourself as an adult.

What is ASD?

Autistic Spectrum Condition is a term which covers several conditions including both Autism and Aspergers Syndrome. Whilst all people with an Autistic Spectrum Condition share certain difficulties, they will be affected in different ways and at varying levels – hence the term ‘spectrum’.

Below you will find useful links and training available to staff:

For assessment and diagnosis contact your GP who can refer you to a specialist
<https://www.autism.org.uk/>

Support for employing individuals with ASD

<https://www.autism.org.uk/advice-and-guidance/topics/employment/employing-autistic-people/employers>

The Leicestershire Autistic Society (formed over 20 years ago) provides support, information and advice to families and professionals dealing with Autism in Leicestershire, Leicester City and Rutland.

<https://www.leicestershireautisticsociety.org.uk/>

The Autism Pathway

<https://www.leicspart.nhs.uk/involving-you/all-age-transformation-of-mental-health-and-learning-disabilities-services/all-age-transformation-new-intervention-pathways/>
(LPT public webpage)

The Autism Education Trust (AET) helps children and young people with autism to receive an education, enabling them to reach their potential.

<https://www.autismeducationtrust.org.uk/>

LPT Training

[Autism Spectrum Disorder](#) (via uLearn)

Mental and Physical Life experience staff support group network is for anyone who as a mental health or physical disability. To Join the network in the first instance contact Equality@leicspart.nhs.uk – Following this email you will be added to an email distribution list for the network and this is where support begins. Meetings take place via Microsoft Teams and we work very closely with each member of staff to enable you to access the session given some of the difficulties that you or a member of your staff may face.

Staff are able to request **protected time** to access the meeting by having a compassionate conversation between manager and staff. If you are unable to attend meetings we also encourage contribution as part of specific tasks such as; Helping with the planning and delivery of key events such as Purple Tuesday and International Day of Disabled People.

Meet our EDI Advocates and Executive Sponsor



Kim Dawson, Clinical Coding Manager
Chair



Nicola Wardle, IT Training and Support Officer
Vice Chair



Aleem Jaffar Assistant admin
Research and Development advocate



Sarah Willis, HR Director
Executive Sponsor

Key campaigns and events:

Purple Tuesday is a change programme for organisations of all sizes from all sectors to get involved in, with the common goal of improving the customer experience for disabled people 365 days a year.

<https://purpletuesday.org.uk/>

International Day of Disabled People

<https://idpwd.org/>

About IDOP - <https://idpwd.org/about/>

UK Disability History Month – 18 November – 18 December 2020

<https://ukdhm.org/>



Improving our equality, leadership and culture is one of our nine Step up to Great priorities. We will know we're Great when we value inclusive, compassionate behaviours and show pride in our collective leadership and in our Trust.