'food for thought' December 2020















Welcome to the December issue of 'food for thought', your distraction pack.

Dictionary definition of

dĭstră'ction n.

"Something that prevents someone from giving their attention to something else"

"An activity that you do for pleasure"

COVID-19 has affected us all in very different ways, but the common adjustment we have all had to make is that of self-isolation and how we each deal with that varies enormously. Some are finding it easy to distance themselves from others, whilst others are finding isolation difficult.

We are all responsible for making sure not only we, but others, are kept safe from infection and the only way to do that is to stay where you live and avoid close contact with others.

These Distraction Packs offer a variety of quizzes, activities and reading material to help distract you during the long periods of time spent alone. We hope you enjoy them.

The answers are given at the back, so if you don't want to know what they are, don't look beyond page 29!

We wish you all a Happy Christmas and a safe and healthy new year.



Having supported older individuals with convictions (in prisons and the community) for over ten years, RECOOP, part of the BCHA family, recognises the importance of keeping active, both physically and mentally. Our Distraction Packs, 'food for thought' are created with that in mind. www.recoop.org.uk



BCHA is a not for profit, registered Housing Association, that has supported those experiencing homelessness for over 50 years. BCHA help the most vulnerable within our society 'find a way forward'. www.bcha.org.uk

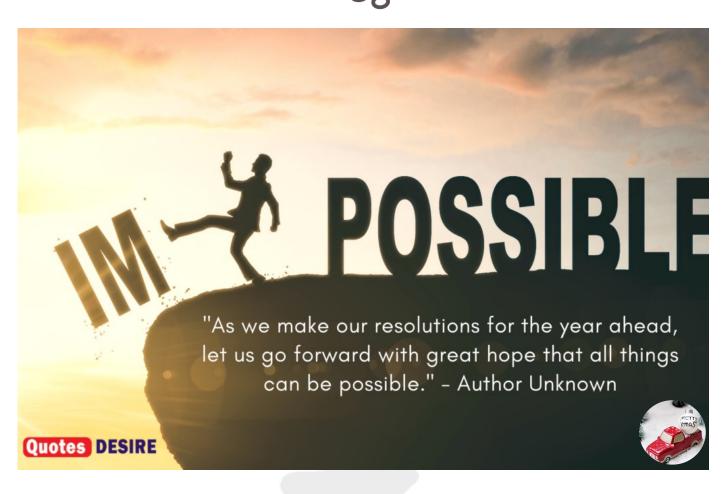


Can you find all 12 of these little images hidden in this issue (excluding this one)?









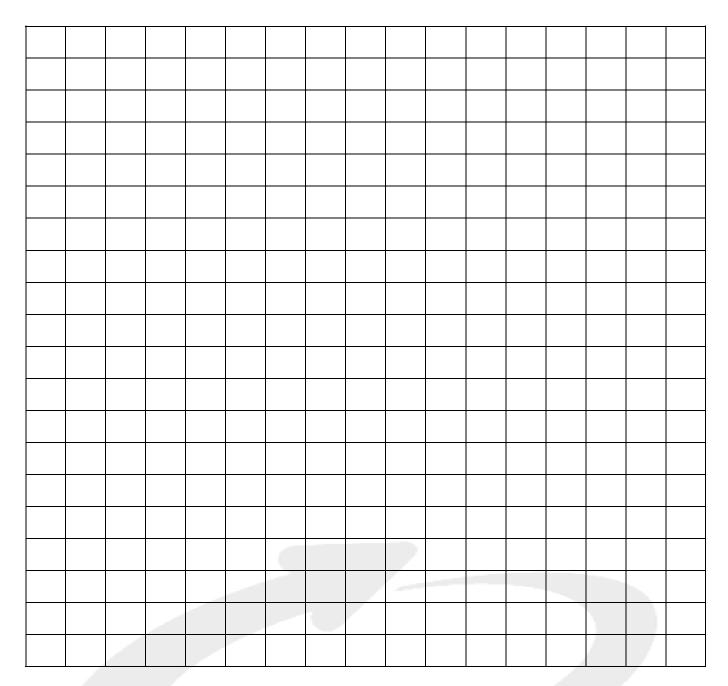






Activity - Blank Word Search - Christmas theme

This month, try and create your own Word Search using the grid and words below.



SANTA CLAUS ADVENT ANGELS NORTH POLE BETHLEHEM CHIMNEY REINDEER
DECEMBER
CHRISTMAS TREE
GREETINGS
HOLLY
TURKEY

MISTLETOE
PLUM PUDDING
HOLIDAY
TINSEL
WREATH
JINGLE BELLS

LIGHTS
RUDOLPH
PRESENTS
DECORATIONS
GINGERBREAD
STUFFING







Activity - Christmas Delivery Maze



Source: pinterest.co.uk







Your stories from across the country

We would like to receive stories of your experiences in the accommodation during COVID-19 and will be selecting a number of them to go into future Distraction Packs. We will also be collecting and compiling them and thinking about how best to share these in the future. You can either add your name or submit anonymously. Using the template below, we invite you to share your story, poem, picture or photo. If you are able, photograph it and email to outbox or, alternatively, give it to a staff member to send/scan and email to us. The email box is england.covid-homeless@nhs.net Thank you.







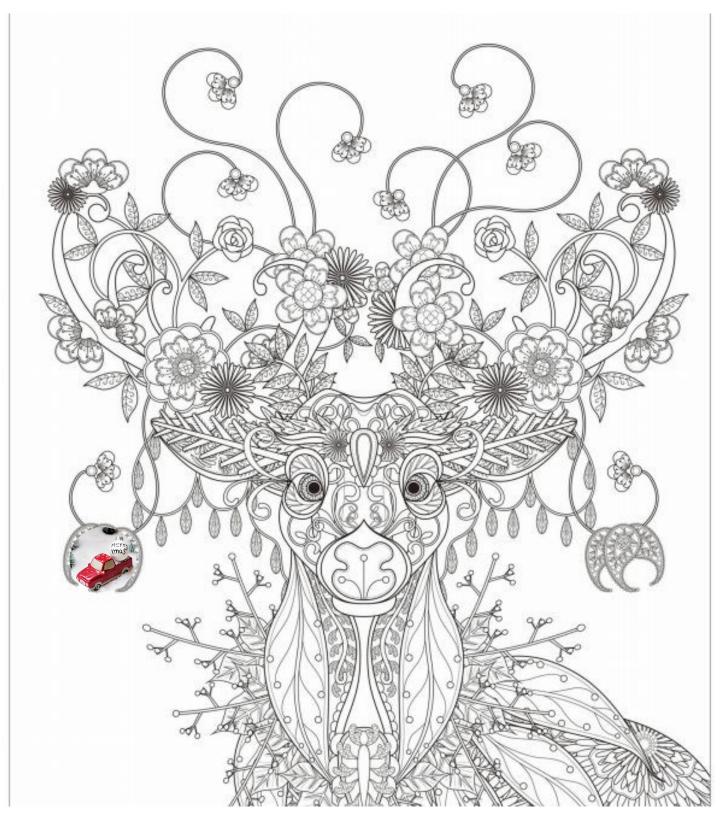






Activity - Colouring

If you don't have coloured pencils, try using different shades of grey.







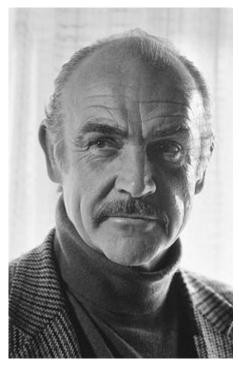


All about Sean Connery

25 August 1930 – 31 October 2020 Looking back on the life of Scotland's finest actor

Sean Connery began his theatrical career as an extra in the chorus, playing bit parts and modelling. From those modest beginnings, he became an international film icon. Many believe that his talent and appeal continued to improve with time.

His humble beginnings, growing up in a working class neighbourhood in Edinburgh, gave no indication of the achievements that were destined to come. Sean was born into a working class family in August of 1930. The oldest of two boys, he spent much of his youth working at menial jobs, just to get by. He left school at an early age and went to work fulltime.



At sixteen, he enlisted in the Royal Navy. Like many young men in the Navy, he opted for a tattoo. However, unlike many tattoos, his were not frivolous – his tattoos reflected two of his lifelong commitments: his family and Scotland. After six decades, his tattoos still reflected those two ideas: One tattoo is a tribute to his parents and reads "Mum and Dad" and the other is self explanatory, "Scotland Forever."

After three years of Naval service, a long bout with a stomach ulcer shortened his "naval career". He returned to Edinburgh and seemed to settle into a life of hard work: bricklayer, lifeguard and coffin polisher. Sean spent much of his free time bodybuilding, a pastime that eventually started his acting career. His hobby of bodybuilding culminated in a bid for the 1950 Mr. Universe title where he was placed third.

From his early acting days until his first superstar role, Sean's stardom was certainly not an over-night success story. From his first work in modelling, bit theatrical parts and chorus appearances, it was almost eight years before he was cast opposite Lana Turner in Another Time, Another Place (1958). It would be another four years before he first uttered those unforgettable words, "Bond, James Bond."

Continued







All about Sean Connery continued

Connery skyrocketed to international fame as the suave, confident (and many say definitive) Secret Agent 007 in six of Ian Fleming's Bond movies over the next decade: Dr. No (1962), Goldfinger (1964), From Russia, With Love (1964), Thunderball (1965), You Only Live Twice (1967) and Diamonds are Forever (1971).

He then broadened his career with an Agatha Christie whodunit, Murder on the Orient Express (1974), John Huston's adaptation of Rudyard Kipling's adventure, The Man Who Would Be King (1975), the medieval romance, Robin and Marian (1976) and Peter Hyams' sci-fi film, Outland (1981). He resurfaced as a much wiser and more mature Bond in the 1983 adventure, Never Say Never Again.

The 90's brought such great films as The Hunt for Red October (1990, as a Russian sub-commander); 1993's Rising Sun (as an expert in all things Japanese); Dragonheart (1996) and the successful contemporary action dramas Just Cause (1995) and The Rock (1996).

In 1999, Connery starred in and produced Entrapment, a love story-thriller, co-starring Catherine Zeta-Jones. The year 2000 brought what many have said to be one of his best films, Finding Forrester.

Connery officially retired from acting in 2006, although he briefly returned for voice over roles in 2012.

His achievements in film were recognised with an Academy Award, two BAFTA Awards (including the BAFTA Fellowship), and three Golden Globes, including the Cecil B. DeMille

Connery at a Tartan
Day celebration in
Washington, D.C.
When knighted by
Queen Elizabeth II in
2000 he wore a
green and black
hunting tartan kilt of

Award and a Henrietta Award. In 1987, he was made a Commander of the Order of Arts and Letters in France and he received the US Kennedy Center Honors lifetime achievement award in 1999. Connery was knighted in the 2000 New Year Honours for services to film drama.

In 2004, Connery was polled in the *Sunday Herald* as "The Greatest Living Scot" and in a 2011 EuroMillions survey as "Scotland's Greatest Living National Treasure". He was voted by *People* magazine as the "Sexiest Man Alive" in 1989 and the "Sexiest Man of the Century" in 1999. When advised of the award, Sean seemed to be unaffected as he replied, "Well there aren't many sexy dead men, are there."!







All about Sean Connery continued

Connery was a keen footballer, having played for Bonnyrigg Rose in his younger days. He was offered a trial with East Fife. While on tour with South Pacific, Connery played in a football match against a local team that Matt Busby. manager of Manchester United, happened to be scouting. According to reports, Busby was impressed with his physical prowess and offered Connery a contract worth £25 a week (equivalent to £703 in 2019) immediately after the game. Connery said that he was tempted to accept, but he recalled "I realised that a topclass footballer could be over the hill by the age of 30 and I was already 23. I decided to become an actor and it turned out to be one of my more intelligent moves."



Sean Connery photographed during the filming of 'Goldfinger' by Guy Hamilton in 1964.

Source: seanconnery.com and wikipedia.com

Quiz 1

Having read the above, see how much you can remember

- 1. Where was Sean Connery born?
- 2. In what year was he knighted?
- 3. What was the name of the film he appeared in with Lana Turner?
- 4. How many Bond films did Sean Connery appear in?
- 5. Can you name them?
- 6. Name three of the jobs Connery did on leaving the Navy.

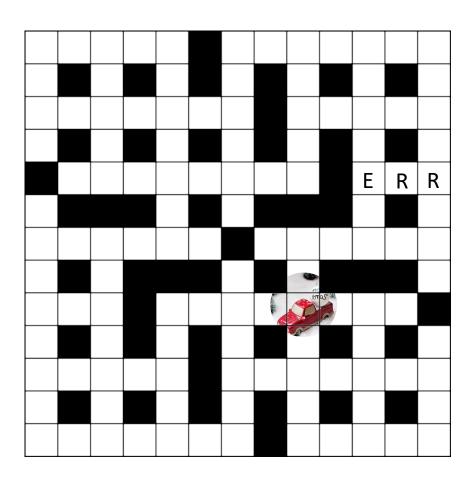






Quiz 2 - Word-fit Crossword

Can you fit the words on the right into the grid? To help you get started, we've placed one of the 3 letter words.



3 letter words EGG

ERR

4 letter words

ACTS RICE

5 letter words

ADAGE

GUSTS

NOTES

PAUSE

PEDAL

RAPID

STEER

UNION

6 letter words

ENVIED

ESSAYS

RHYTHM

SEESAW

7 letter words

CADENCE

DENSITY

EMINENT

ENSURED

HOUSING

IDIOTIC

SAPIENT

SIGNALS

8 letter words

BEVERAGE SANGUINE

TANTRUMS

ULTIMATE







Visual Illusions

Can you find the animals? One creature usually looks to the left and the other looks to the right.?



Can you see both the frog and the horse?



Most of the people see a donkey first, but if you look closer you'll find a seal, with its flippers where the donkey's ears are!



Is that a polar bear or a seal?



Can you find both a rabbit and a duck?

Source: brainden.com







Quiz 3 - Alphabet Quiz A - Z

Two clues are given for each, although the answer is the same.



- A. A type of tree with hard pale wood. The residue left after a fire.
- B. To put up with or tolerate. A small stream.
- C. Australian term for unwell. A bend at the elbow in a person's arm.
- D. A domesticated animal. To follow closely or persistently.
- E. The female reproductive cell in animals. Urge or encourage someone to do something foolish or risky.
- F. The coat of a sheep. To defraud someone of money or property.
- G. Eat frequent snacks or irregular meals. A superficial skin injury.
- H. Part of the head of a gold club nearest the shaft. A dishonourable man.
- I. A religious painting, usually on wood. A symbol.
- J. An improvised performance by a group of musicians. Squeeze or pack tightly into a space.
- K. A long—winged bird of prey with a forked tail. A bank cheque fraudulently altered to show a larger amount.
- L. A selvedge or border of a piece of fabric. Lean over to one side.
- M. A heavy club with a metal head and spikes. The spice made from the fleshy covering of the nutmeg seed.







Quiz 3 - Alphabet Quiz continued

- N. A city in the southeast of France. A coconut flavoured biscuit.
- O. The seventh day after a church festival day. A series of eight musical notes.
- P. A type of knitting stitch. A large area of flat land with a few trees.
- Q. A square dance usually performed by four couples. A card game played by four players with a deck of 40 cards.
- R. A horse's gait between a trot and a canter. A framework for holding or storing things.
- S. A pointed post which is drive into the ground. A sum of money gambled in a game or venture.
- T. A domestic cat with a striped or mottled coat. A building material made with shells, lime, sand and water.
- U. A lightweight hand-held collapsible canopy. A type of insurance policy.
- V. The upper part of a boot or shoe. A woman who uses sexual attraction to exploit men.
- W. A curl or ring of smoke or cloud. An arrangement of flowers for a grave.
- X. The Japanese name for the Playstation game 'Devil Dice'. The fourteenth letter of the Greek alphabet.
- Y. Give way under pressure. Produce an agricultural product.
- Z. A British Ford motor car. A light breeze.

Source: businessballs.com







Health Watch



Self-isolating Top Tips:



Try and change your daily routine as much as is possible.



 Talk to neighbours - from a distance of at least 2 metres - as engaging with others is important for mental wellbeing.



 Open a window to let in fresh air, particularly if you cannot venture out for your daily exercise.



• Try doing some exercises in your room.



Drink plenty of water - it's important to keep hydrated.
 It is recommended we drink 2 litres a day.







Words that don't mean what they used to

Alienate, like *alien*, is derived from the Latin word *alienus*, which was used to describe anything that was unfamiliar, unconnected, or foreign. And when alienate first appeared in English as a legal term in the mid-1400s, it meant to transfer ownership of some property over to someone else, so that it is now "foreign" or "unconnected" to you. It's from here that the modern meaning of "estrangement" or "distance" eventually developed.

Ambidextrous literally means "able to use both hands as well as you can use your right or left." It certainly isn't its earliest meaning though. When it first began to be used in English in the mid-16th century, an *ambidexter* was someone who took bribes from both sides in a legal action and as such *ambidextrous* originally meant "duplicitous" or "two-faced."

Bunny derives from *bun* - which was an old English word for a squirrel, not a rabbit.

Cheap: The use of *cheap* to mean "low-cost" is a relatively recent invention that dates back about 500 years. That might not sound *all that* recent, but compare that to the fact that the earliest record of the word *cheap* in any context dates from the 9th century, when it originally meant something along the lines of simply "trade" or "bargaining" or "marketplace." Likewise, to *cheapen* something originally meant to ask how much it costs.

Down in the dumps: Nowadays when we say we're "down in the dumps," we mean that we're in a gloomy, low-spirited mood. But the original *dump* from which this derives was actually an old Tudor English word for an absent-minded daydream, or a dazed, puzzled state of mind, not a depressive one. In that sense, it probably has its roots in an earlier old Dutch word, *domp*, meaning "haze" or "mist."

Explode: The *-plode* of *explode* is derived from the same root as *applaud* - it originally meant "to jeer a performer off a stage."

Fantastic: The link between *fantastic* things and absolute *fantasy* was once much closer than it is today. *Fantastic* originally meant "existing only in the imagination," or in other words "unreal" or "based on fantasy." Because *fantastic* things like these would be so extraordinary or bizarre, eventually the word became attached more loosely to weird and fanciful and ultimately impressive or wonderful things.

Source: mentalfloss









Quiz 4 - Mixed-up Christmas Films

Solving the anagrams will lead to popular Christmas films. The number of words in each title are given in brackets.

1	Mr single (8)	
2	Teaches a sultan (3,5,6)	
3	Smith wrist ache (5,9)	
4	The chalk cled (4,3,,5,)	
5	Landscape grit (7,6)	
6	A definite wolf slur (3,1,9,4)	
7	A valley clout (4,8)	
8	Charcoal arm sits (1,9,5)	
9	Enemies omit lust (4,2,2,2,5)	
10	March sitars hurt (6,9)	
11	Holy indian (7,3)	
12	One ham ole (4,5)	
13	Choirmaster fuss (4,12)	
14	Rich home mislabel frost (3,2,4,3,9)	
15	Barman run test (6,7)	







Quiz 4 - Mixed-up Christmas Films continued

16	Hot newsman (3,7)	
17	Coders go (8)	
18	Prophetess relax (3,5,7)	
19	A ant dabs (3,5)	
20	A mismatching score (3,5,9)	
21	A chessman tests rivers (6,5,9)	
22	Ivy titan (8)	
23	The shark hells (5,3,5)	
24 kma	Giant jelly whale (6,3,3,3,)	

Source: kensquiz.co.uk







Activity - Spot the Difference

Can you spot the 8 differences between these two pictures?



Source: dailymail.co.uk







Conflicting Proverbs!

A proverb is an age old gem of wisdom passed down over the generations. However, here are some where the ancients appear to have disagreed:

Look before you leap. He who hesitates is lost.

Absence makes the heart grow fonder. Out of sight, out of mind.

The pen is mightier than the sword. Actions speak louder than words.

Birds of a feather flock together. Opposites attract.

Many hands make light work.

Too many cooks spoil the broth.

You're never too old to learn.
You can't teach an old dog new tricks.

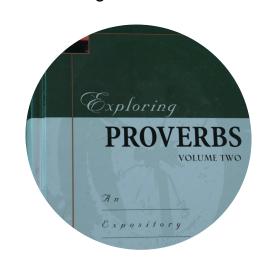
It's better to be safe than sorry.

Nothing ventured nothing gained.

Don't look a gift horse in the mouth. Beware of Greeks bearing gifts.

Don't judge a book by its cover. Clothes makest the man

More haste, less speed. Time waits for no man.









Quiz 5 - Happy Christmas

Below is a list of translations of "Happy Christmas" in various languages. Do you know them, or can you work them out?

- 1. Boldog Karácsonyt
- 2. Nollaig Shona duit
- 3. Feliz Natal
- 4. Joyeux Noel
- 5. Buon Natale
- 6. Veselé Vianoce
- 7. Fijne kerst
- 8. Frohe Weihnachten
- 9. Nadolig Llawen
- 10. Wesołych Świąt
- 11. Ukhisimusi Omuhle
- 12. Hyvää joulua
- 13. Selamat Hari Natal
- 14. Mutlu Noeller
- 15. Craciun fericit
- 16. Kirihimete koa
- 17. Feliz Navidad
- 18. Nollaig Chridheil



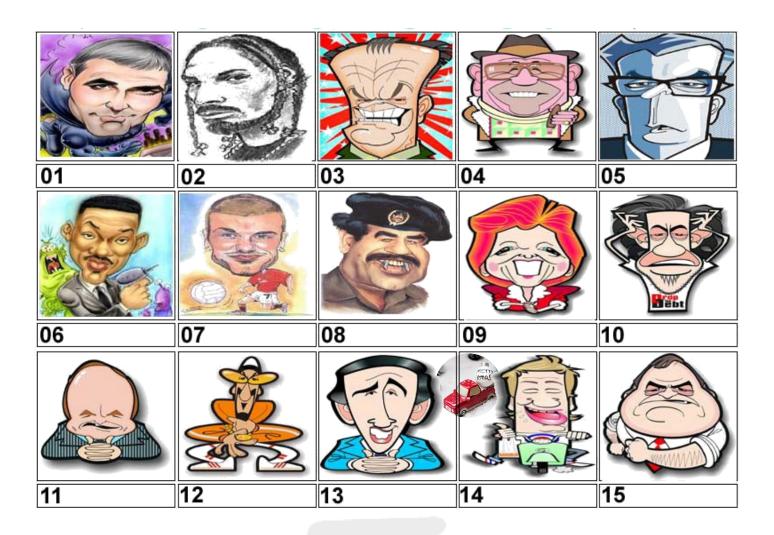






Quiz 6 - Caricatures

Do you recognise these well-known faces?









Poem by Henry Wadsworth Longfellow "I heard the bells on Christmas day"

I heard the bells on Christmas day Their old familiar carols play, And wild and sweet the words repeat Of peace on earth, good will to men.

I thought how, as the day had come, The belfries of all Christendom Had rolled along th'unbroken song Of peace on earth, good will to men.

And in despair I bowed my head:
'There is no peace on earth, 'I said
'For hate is strong, and mocks the song
Of peace on earth, good will to men.'

Then pealed the bells more loud and deep: 'God is not dead, nor doth He sleep; The wrong shall fail, the right prevail, With peace on earth, good will to men.'

Till, ringing, singing on its way, The world revolved from night to day A voice, a chime, a chant sublime, Of peace on earth, good will to men.

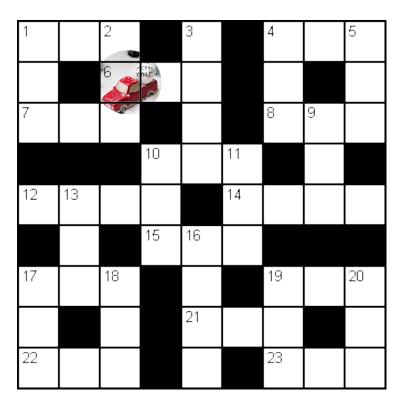








Activity - Number Crossword



ACROSS

- 1. 8 across doubled
- 4. Months in nine years
- 6. Seconds in 3 minutes
- 7. 12 across divided by six
- 8. 17 across plus 10
- 10. 7 across plus two
- 12. Minutes in 3 days
- 14. 22 across doubled
- 15. 20 down plus a dozen
- 17. 6 across minus eighteen
- 19. Months in eleven years
- 21. Six times 4 down
- 22. 19 down times five
- 23. Months in ten years

DOWN

- 1. 18 down plus fifty-two
- 2. 1 down plus sixty-three
- 3. 1 across times three
- 4. 4 across minus seven
- 5. 9 down plus 161
- 9. 21 across plus 115
- 10. 5 down minus 180
- 11. 15 across minus forty
- 13. 2 down minus twenty-four
- 16. Five times 3 down
- 17. 19 across plus six
- 18. 11 down plus eighty-three
- 19. 23 across plus forty-one
- 20. Minutes in 4 hours







Groundswell

Out of homelessness



CORONAVIRUS (COVID-19)

Registering with a GP during COVID-19

COVID-19 and registering

- Most GP surgeries are closed due to COVID-19, however some are doing phone and online appointments
- Registration has moved on-line or over the phone
- If you are having difficulties registering, ask a support worker or advocacy worker for help.

If you are unable to access a GP and have an urgent medical problem, please ring 111 or go to an Accident and Emergency department.

What services are provided at my GP?

Your GP will be able to help you with:

- Physical health problems, including minor illnesses, minor injuries and the management of all ongoing more serious health problems
- Mental health issues
- Substance misuse issues
- Preventative care e.g. health screening and vaccinations (see other leaflet)
- Wound dressings
- Support with your pregnancy
- · Contraception and sexual health
- Referral to termination of pregnancy services (If you prefer not to attend your GP for this you can alternatively call 0333 999 9951)

What is a GP?

 A General Practitioner (GP) or a 'family doctor' is a doctor based in the community

What does a GP do?

- · GPs can treat minor issues
- Identify any more serious health issues
- Refer you for further treatment to a hospital or other specialist health service

Who can register?

- Anyone in England may register and see a GP for free
- You do not need a fixed address
- Your immigration status does not matter
- You do not need identification, documentation or an NHS number

*Sometimes GP practices ask for identification or documentation. If you are asked for documentation or identification, and you do not have any, explain that you are currently homeless, and they should still register you.

*If the GP cannot support you to manage your condition, they will refer you to a specialist *If your condition is an emergency go to Accident and Emergency

How to get help

If you have any problems registering with a GP, have questions about health care charges or concerns about data sharing please contact



Doctors of the World (0808 164 7686). Monday - Friday 10am – 12pm

COVID-19 symptoms

Call 111 and self-isolate until further advice if you have any of the following symptoms.

- Fevers or sweats
- · A persistent cough
- Shortness of breath
- A loss of sense of smell or taste



If you cannot manage your symptoms you should go to A&E.

This information is correct as of 17/06/20







Healthy London Partnership







Using the GP services

I need to book an appointment

- During COVID-19 phone or on-line booking systems are the only way to access GP appointments
- · Speak to support staff or an advocacy agency if you have any issues registering
- GP appointments are usually 10 minutes long, but you can always request longer appointments if you need

I need an interpreter

- If English is not your first language NHS services must provide telephone interpreting services
- You can ask a receptionist or health care provider for an interpreter to help you register and you can also ask for an interpreter for your appointment with the GP or nurse

Specialist GP practices

- There may be GP practices in your area that are especially for people who are currently homeless or migrants, asylum seekers or refugees
- · Advocacy and support services should be able to tell you if there is a specialist GP practice in your area

Will I be charged?

- Health care provided within a GP surgery is free. However, you may have to pay for prescribed medicines
 depending on what benefits you receive and what health conditions you have. See section below about
 help with health costs.
- If you have no current immigration status or your application is in process you can be charged for hospital care and some community services. See section below about help with health costs.
- If you cannot pay in advance you might not be able to get treated. **However**, if a clinician thinks the treatment is urgent you will be given the treatment. You may receive a bill after treatment. There are some exceptions to this e.g. **treatment related to COVID-19** is free.

I need help with the costs of medicines, dental treatment and sight care

- Depending on which benefits you receive and your medical conditions you might also be required to pay for prescriptions, dental care, eye tests and glasses
- However, if you have a low income, you may be eligible for an NHS HC2 certificate which entitles you to
 free prescriptions, dental treatment, sight tests and vouchers for glasses. If you are not entitled to
 benefits you can still apply for this.
- An HC1 form is used to apply for this certificate.
- Your health provider should be able to give you an HC1 form. If not, this form can be downloaded from the
 internet. And you can also apply online https://services.nhsbsa.nhs.uk/apply-for-help-with-nhs-costs/apply-online
- Ask for help to fill in the form if you need it

Will my GP share information about me?

- GP practices and other NHS services will NOT share your information with any other Government department
- GP practices do not share information with the Home Office currently
- The only situation in which a GP might have to share information about you is if you are at risk or there is risk to others

Translated versions of this document are available here:

https://www.healthylondon.org/resource/homeless-health-during-covid-19/







Quiz 7 - True or False

- 1. Charlie Chaplin came first in a Charlie Chaplin look-alike contest
- 2. Michael Keaton's real name is Michael Douglas
- 3. Napoleon was of below-average height
- 4. Donald Duck's middle name is Fauntelroy
- 5. According to Scottish law, it is illegal to be drunk in charge of a cow
- 6. The Great Wall of China is visible from space
- 7. The first tea bags were made of silk
- 8. Meghan Markle's first name is Rachel
- 9. Warsaw is the capital of Bulgaria
- 10. The Statue of Liberty was a gift from France
- 11. A metre is further than a yard
- 12. A woman has walked on the moon
- 13. Flying in an aeroplane is statistically safer than driving in a car
- 14. John Challis plays Boycie in Only Fools and Horses
- 15. Valletta is the capital of Cyprus
- 16. The currency of France is the Franc
- 17. Ben Nevis is the tallest mountain in the UK
- 18. Radiohead wrote the song Love is All Around











Quiz 8 - How well do you know your Pantomimes?



- 1. From which side of the stage do the 'goodies' in a panto normally appear?
- 2. In which panto would you find the character King Rat?
- 3. In Jack & the Beanstalk what does Jack receive in exchange for his cow?
- 4. What name is given to the leading man in a panto, usually played by a woman?
- 5. What is the name of the father of Cinderella and the Ugly Sisters?
- 6. What is the occupation of the Seven Dwarfs who befriend Snow White?
- 7. What is Aladdin's mother called?
- 8. In which panto does Buttons appear?
- 9. In which pantomime do Robin Hood and Maid Marion appear?
- 10. What told Dick Whittington to 'turn back'?
- 11. In Disney's Aladdin the villain was known as JAFFAR but by what name is he traditionally known in panto?
- 12. What is the most popular panto?
- 13. What phrase does the Giant in 'Jack and the Beanstalk' use when he can smell Jack?
- 14. From what does the Fairy Godmother create Cinderella's footmen?
- 15. What is the name of Aladdin's brother?
- 16. In what Pantomime does Princess Marcella appear in?
- 17. What is Jack's mother normally known as in Jack and the Beanstalk?
- 18. The tale Aladdin originates from which set of stories?
- 19. What is the name of Prince Charming's assistant?
- 20. Who eats the Gingerbread House?







Activity - Sudoku

			7	3	1			
7						6		
7			4			6 8		
		4	3	9				6
	3				8		2	
			8		5		7	
1				2		5		
	7	2	6	4			1	





	4					5		
	8	3			2			
		1						
	2		6					9
7		9					3	
7 8				5	1		3	
	1		2	8				7
				9		4		
	5	2	7			9		

	2		5				3	9
	5			9				
			1	9				
	8	5	3				9	
9	7				8			
						6		
			9	4		6 2	8	
6		1						

MEDIUM



4	9		8				7	
	7			2	4			
			6			2	3	
	5	9						
	5				6			
				3		8		
	8		1	6 5	7	5 7		
				5		7		
							9	

			5		8		6	
				7		8		3
			1	3	3			
8	4	1		3				
		6		8				
	2							8
	6	2					4	
		3			4	7	9	
1	7				2		8	

HARD



	6					2	8
	6 8						1
		3		9	4		
1		3 6				5	
					8		
	5			2			9
3		4					
3 5 6							
6		1	3				5







Answers

Quiz 1

- 1. Edinburgh
- 2. 2000
- 3. Another time, another place
- 4. Six
- Dr. No, Goldfinger, From Russia with Love, Thunderball, You Only Live Twice and Diamonds are Forever
- 6. Bricklayer, lifeguard and coffin polisher

Quiz 2

R	А	Р		D		S	А	Р		Е	Ν	Τ
-		Е		Е		Е		А		Μ		А
С	А	D	Е	Ν	С	Е		\cup	Ν		0	Ν
Е		А		S		Ω		ഗ		Z		Τ
	\supset	L	Τ		М	А	Τ	Е		Ш	R	R
В				\vdash		$\vee\vee$				Z		\supset
Е	S	S	А	Υ	S		ĸ	I	Υ	Τ	Ι	М
V		_				Ш		0				ω
Е	G	G		ഗ	А	Ν	G	\supset	—	Z	Ш	
R		Z		\vdash		\geq		ഗ		О		A
А	D	А	G	Е		_			О	Τ		С
G				Ш		Ш		Z		Ш		\vdash
Е	Ν	S	U	R	Е	D		G	\cup	ഗ	Τ	S

Quiz 3 - Alphabet

- A. Ash Η. Heel B. Brooke I. Icon C. Crook J. Jam D. K. Kite Dog E. L. List Egg F. Fleece M. Mace N. Nice G. Graze
- O. Octave Vamp V. P. Plain W. Wreath Quadrille Q. Χ. Xi R. Rack Yield Υ S. Stake Ζ. Zephyr T. **Tabby** U. Umbrella

Quiz 4 - Anagrams - Christmas Films

- 1. Gremlins
- 2. The Santa Clause
- 3. White Christmas
- 4. Deck the Halls
- 5. Trading Places
- 6. It's a Wonderful Life
- 7. Love Actually
- 8. A Christmas Carol
- 9. Meet me in St Louis

- 10. Arthur Christmas
- 11. Holiday Inn
- 12. Home Alone
- 13. Four Christmasses
- 14. I'll be home or Christmas
- 15. Batman Returns
- 16. The Snowman
- 17. Scrooged

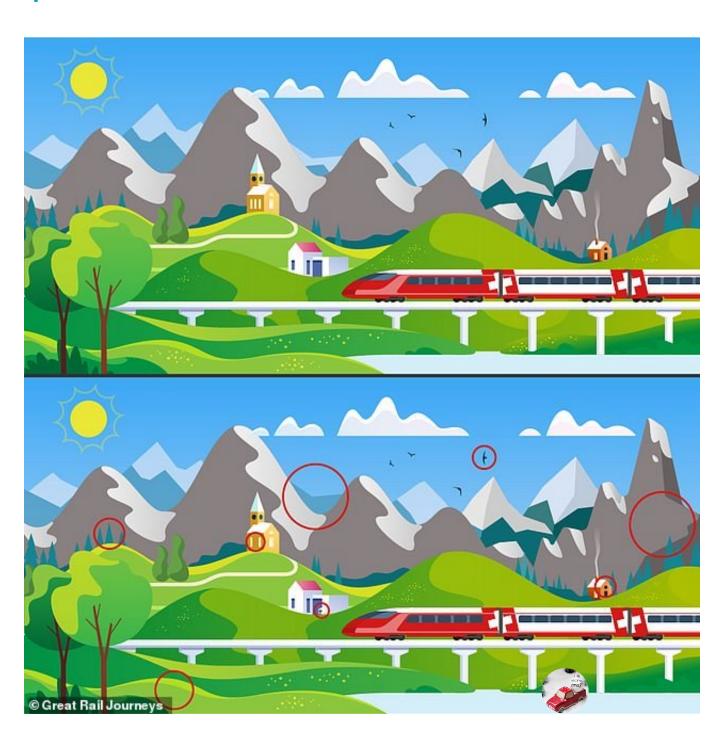
- 18. The Polar Express
- 19. Bad Santa
- 20. One Magic Christmas
- 21. Ernest Saves Christmas
- 22. Nativity
- 23. Shrek the Halls
- 24. Jingle all the way







Answers Spot the Difference









Answers

Quiz 5 - "Happy Christmas"

1.	Hungarian	6.	Slovak	11. Zulu	16.	Maori
2.	Irish	7.	Dutch	12. Finish	17.	Spanish

Portuguese
 German
 Malay
 Scottish Gaelic
 French
 Welsh
 Turkish

5. Italian 10. Polish 15. Romanian

Quiz 6 - Caricatures

1.	George Clooney	6.	Will Smith	11.	Clive Anderson
2.	Snoop Doggy Dog	7.	David Beckham	12.	Ally G
3.	Jack Nicholson	8.	Sadam Hussein	13.	Steve Coogan
4.	Mike Reid	9.	Cilla Black	14.	Jamie Oliver
5.	Michael Caine	10.	Bob Geldof	15.	John Prescot

Activity - Number Crossword

3	4	4		1		1	0	8
4		1	8	0		0		8
7	2	0		3		1	7	2
			7	2	2		2	
4	3	2	0		1	6	1	0
	8		2	5	2			
1	6	2		1		1	3	2
3		9		6	0	6		4
8	0	5		0		1	2	0







Answers

Quiz 7 - True or False

- 1. False he came third
- 2. True
- 3. False at 5 ft 7 in he was slightly above average height for the time
- 4. True
- 5. True
- 6. False
- 7. True
- 8. True
- False. Sofia is the capital of Bulgaria and Warsaw the capital of Poland.
- 10. True
- 11. True
- 12. False
- 13. True
- 14. True
- 15. False (It's Malta)
- 16. False (It's the Euro)
- 17. True

Quiz 8 - Pantomimes

- 1. Stage Right
- 2. Dick Whittington
- 3. Magic Beans
- 4. Principal Boy
- 5. Baron Hardup
- 6. Miners
- 7. Widow Twankey
- 8. Cinderella
- 9. Babes in the wood
- 10. The Bells of London
- 11. Abanezar
- 12. Cinderella
- 13. Fe-Fi-Fo-Fum I smell the blood of an Englishman
- 14. Mice
- 15. Wishee Washee
- 16. Sleeping Beauty
- 17. Dame Trott
- 18. The Arabian Nights
- 19. Dandini
- 20. Hansel & Gretal







Answers - Sudoku

6	8	9	7	3	1	2	4	5
4	5	1	2	8	9	6	3	7
7	2	3	4	5	6	8	9	1
8	1	4	3	9	2	7	5	6
9	3	7	5	6	8	1	2	4
2	6	5	1	7	4	3	8	9
3	9		8	1	5	4	7	2
1	4	8	9	2	7	5	6	3
5	7	2	6	4	3	9	1	8

1	2	4	5	6	7	8	3	9
7	5	3	8	9	4	1	6	2
8	6	9	1	2	3	4	5	7
4	8	5	3	1	2	7	9	6
3	1	6	4	7	9	5	2	8
9	7	2	6	5	8	3	1	4
2	9	8	7	3	1	6	4	5
5	3	7	9	4	6	2	8	1
6	4	1	2	8	5	9	7	3

2	3	7	5	4	8	1	6	9
4	1	5	9	7	6	8	2	3
6	9	8		2	3	4	5	7
8	4	1	2	3	5		7	6
3	5	6	7	8	9	2	1	4
7	2	9	4	6	1	5	3	8
9	6	2	8	5	7		4	1
5	8	3	6	1	4	7	9	2
1	7	4	3	9	2	6	8	5

EASY



MEDIUM



