# Recovery Café Session 21.12.2020 - Chat Box Contents

#### Welcomes

Welcome to the Recovery Cafe. Enjoy the Christmas music whilst we wait for people to arrive.

Hi Ronda here 🛈 🌢 🥅

Hi everyone, I'm Charlotte, part of the Employment Support service within LPT

Jayne ... helloooooo everyone.

Hi all, Katie here. I work within community services at LPT

Hi Firoza here 😳

Hey I'm Azar and am a Expert by Experience for LPT

Hi everyone. I'm Rebecca Colledge, Service Manager for Mental Health Services for Older People

Hey Ronda

Hi everyone. Lovely to see you all. I'm Emma from the Recovery College 😳

Hello everyone, I am Teresa and I am a community development leader.

Hi Jayne

Hey Firoza

Hi all, great to see you all here today.

Hi Azar 🌢 📃

Helloooo everyone □ 😂

Hello Martine!

### Café Conversations – Hopes for Christmas

Looks great Azar:-)

First time seeing Santa this year

Great idea re movies Emma, nice to have time to do stuff like that!

So sorry to hear this Jayne X

Firoza, this might help - If you click on the three dots, go down to device settings, and then can adjust the volume of your mic.

I'm so sorry - an issue has just come in so will need to pop out. If I don't come back have a lovely Christmas all and here's to a fab 2021!!!

Thanks Katherine. Don't have that option on my phone 🛞

Just got to go and take some calls. BRB

I can recommend orange truffle Baileys!

I want that dog. However we have the 3 NMP rule, the first of which is no more pets

Great idea Tim! I love the walking idea to explore more of Leicester and Leicestershire

hi everyone ,its tania

So lovely to see you Tania.

Lovely to see you Tania!

Love the holly!

Hello Tania

I'm looking forward to hearing your story Tania in the New Year.

Lovely words Tania and CHIME is important .....I am grateful you are here today too :-), you are truly amazing

Very proud of your strength Tania and great to see you back.

Tania and Grant, hope you both have a great day!

Excuse me, got to turn heating on

Sorry to keep disappearing have a naughty puppy in here with me.

Martine oh bless! How old?

6 months very hyper and loves chewing. lol

I completely agree Tim, I feel the same about these recovery cafes. The connection does me the world of good

Thank you everyone for your kind words xx

# **Christmas Sing Song**

Finally found a band that I can fit right in with.  $^{\&}$ 

Teresa 😂😂

Same here .

Sorry, I'm still laughing

Might put the Christmas tree up now

Singing for Wellbeing course available at the Recovery College

For the wellbeing of others, I won't join!!

Merry Christmas everyone! Here's to a great 2021!

Claire if you join so will I :-)

LOL Azar, we would clear the room!

If anyone is alone this Christmas and would like a telephone conversation then please let Tim Sayers know and he can arrange this with you. Tim's mobile number is; 07795 475 806

Christmas Number 1

I'd vote for it Tim (laugh)

Submission for the next LPT Christmas video. Someone call Kamy!

Video to accompany the album (smile)

# **Recovery College**

New Spring Term prospectus out now - <u>https://www.leicspart.nhs.uk/wp-content/uploads/2020/12/Spring-</u> Term-2021-Interim-Prospectus-FINAL.pdf

### Goodbye, next café and any feedback

Thank you for LCIL's Invitation. I enjoyed attending, and was nice to meet everybody. I would like to wish everybody a safe and Merry Christmas from everyone at LCIL. I hope that I'm able to join in the future. Wishing you all a Merry Christ and Happy New Year. Best Regards Kieran LCIL

Really enjoyed today. Thanks for the sing song Tim... Have a lovely Christmas everyone :-)

Thanks Everyone for a great Pre Christmas gift :-)

Merry Christmas everyone.

Merry Christmas everyone

Merry Christmas to all.....I look forward to seeing you all next year.

Apologies, had internet issues to join, have a lovely break all, 🙂

The next cafe will be our Xmas cafe Wednesday 27<sup>th</sup> January 11am-12:30pm. This month's CHIME theme will be Identity.