

Ref No. SG9272

Date: 20 March 2020

REQUEST:

- 1) Does your Trust provide a service that delivers cognitive behavioural therapy for people experiencing compulsive or impulsive behaviours or disorders? (yes/no)
- 2) Does your Trust provide a service that delivers cognitive behavioural therapy for people with Parkinson's experiencing compulsive or impulsive behaviours or disorders? (yes/no)
- 3) If so, what type of health professional provides this service? (please list specific job titles)
- 4) Is this service specifically commissioned by your clinical commissioning group? (Yes/No)
- 5) Is the service commissioned by NHS England? (Yes/No)

OUR RESPONSE:

1. Yes. The Cognitive Behavioural Psychotherapy Service offers Cognitive Behaviour Therapy (CBT) for patients with a diagnosis of Obsessive Compulsive Disorder (OCD) and Trichotillomania.
2. No. The Cognitive Behavioural Psychotherapy Service does not have a specific service for those with Parkinsons. However, if a patient is referred with a diagnosis of OCD or Trichotillomania, they would be assessed for suitability and be offered CBT if considered appropriate.
3. Specialist Cognitive Behavioural Psychotherapists
4. The Cognitive Behavioural Psychotherapy Service is commissioned by the local commissioning groups. The local commissioning groups are as follows:
East Leicestershire and Rutland CCG - <https://eastleicestershireandrutlandccg.nhs.uk/contact/freedom-of-information/>
West Leicestershire Clinical Commissioning Group – <https://www.westleicestershireccg.nhs.uk/freedom-of-information-request>
Leicester City Clinical Commissioning Group – <https://www.leicestercityccg.nhs.uk/contact/submit-a-freedom-of-information-request/>
East Midlands Specialised Commissioning Group
5. No