

Recovery Cafe Chat 23.4.2021

New to the café?

It would be great for you to provide your details (name and email address) in the chat box so we can add you to our distribution list to share details of this and future cafes with you.

You can do this by typing @Lewis Payne first along with your details, which will ensure your message will come to me personally and avoid sharing your information with others in the café session.

Looking forward to hearing from you 😊

Lewis Payne

Patient Experience and Involvement Administrator

Hi Haley, Sandy and Emma, I have sent you an email about my online interview about Empowerment and I wanted to share this as well with Azar as I don't have this email.

For April - CONGRATULATIONS!

Hi Jayshree - I will read after the cafe :-)

I would be grateful if you could share with Azar please

Hi Jayshree. Thank you for sharing. I will read when the cafe ends. I can certainly share with Azar.

Thank you Emma

That was fab, thank you so much both

Thank you that was fab x

Thanks Will & Radha, really relaxing.

So empowering to hear your experience Azar! Loving this prep talk - I'll come hold your hand. Let's make some changes 🤖👩