

## **New to the café?**

It would be great for you to provide your details (name and email address) in the chat box so we can add you to our distribution list to share details of this and future cafes with you.

You can do this by typing @Lewis Payne first along with your details, which will ensure your message will come to me personally and avoid sharing your information with others in the café session.

Looking forward to hearing from you J

Lewis Payne

Patient Experience and Involvement Administrator

Hey Azar 🙋

Hi Everyone, Azar here who is an Expert by Experience and Patient Leader for the Trust.

Hi I am Louise i am from NHFT here to see all the fantastic work the team are doing :-)

Hey Tasha

Hello, I'm Georgia, I'm also here from NHFT to see the work the team are doing (smile)

Jacqui Darlington - Carer

Hey Georgia :-)

Hello i don't want to be in the room

Hi. Jayne Smith or Ginge here. Hi everyone. Service user. Main room please. Thanks. 😊

Hi all, just in case my name isn't displaying, I may be appearing as 'guest' - it's Pria here.

Hey Pria :-)

:) Hi again Azar!

After tip.... Don't look back. You're not going that way.

That's great Grant, well done

Well done!

Amazing

Hello Tania hope you are well

I am so sorry but I need to go and I am sorry to be missing the fun side of the session

sorry guys i have to go, thank you so much for today!

Georgia & i have to leave now, thank you so much for today

Give it a go....I shall be

great thanks

It was good fun

Bye all. Thank you.

That' be nice

i would love to do the walk and talk and mindfulness walk

;:)))

Sorry gotta go loved being in the group for the first time 😊

Sorry got to go. Lovely group again x