

Volunteer Vision eNewsletter



Issue 24

Spring 2021

We promote, recruit and support volunteers in making a positive difference to enhance patient experience and the quality of our services at LPT

Welcome to the Spring edition and a Happy Easter to our wonderful Volunteers



Hello, my name is Minaxi Patel, I have taken over the Voluntary Services Manager role from Annie Peel. I am very excited and proud to be working at LPT.

My experience in volunteering stems from developing volunteering at LOROS Hospice, New Walk Museum, Abbey Pumping Station and have experience of being a volunteer in many areas.

I look forward to getting back into the office and meeting everyone on a face to face basis, as soon as we are permitted to, but until then, it would be great to chat over the phone. My contact details are: 07747 758822

Refresher mandatory training for volunteers

As you are aware mandatory training needs to be completed every 3 years and we would like to ensure all our volunteers are up to date with this before they return. We will be in touch with you individually to discuss this with full support from the Team should you need to complete your refresher training.

Volunteers' week is 1st to 7th June 2021, please let us know of any thoughts or ideas that you have to celebrate



volunteering.
volunteering@leicspart.nhs.uk

Volunteers now have access to StaffNet anywhere!

Communications have been working on creating a version of StaffNet (intranet website) that can be accessed anywhere by staff.

Volunteers, bank staff and 360 staff will now also be able to access this site. However **please do not share the log in details outside of our Trust.**

How can you log in to StaffNet?

Go to our normal site: <https://staffnet.leicspart.nhs.uk/>

username: Staffnetvolunteers@leicspart.nhs.uk

password:

You should now have all of the latest LPT information at your fingertips.

Voluntary Transport Statistics



Over the last year the volunteer drivers delivered **3577** medication packages and scripts. They drove approximately **33798** miles.

The services that requested the most deliveries are:

1. Pharmacy Services
2. City Central Community Mental Health Team
3. South Leicestershire Community Mental Health Team
4. West Leicestershire Community Mental Health Team
5. Perinatal Team
6. Long Term Rehab Wards
7. Liaison Psychiatry

Volunteer Stories



This time last year I was busy teaching patients to bake bread as part of the award winning “Knead To Chat” project, and celebrating the fact we had just baked our 1000th loaf with LPT. In the background the fear of a global pandemic was beginning to emerge, and on the 23rd March it was announced that the UK would be entering a period of lockdown. A couple of days later reality hit home, the world was about to change, and in a way we could never have imagined ..life as we knew it came to a brutal stop.

The idea of “Hug In A Mug” was simple ... to give staff a break from the pressures of their busy working day by providing delicious freshly made soup. Alongside that to share conversations, smiles, and the occasional treat. It was to last for four weeks !!

In less than 48 hours I had a concept, a plan, a proposal, a risk assessment. All that was missing was funding, and the food, so time to phone some friends. They didn't let me down, and on the 28th March 2020 “Hug In A Mug” opened in the Bradgate Unit, serving 32 portions of soup.

To be honest the staff I served that day were a little bemused ... Who is this guy ? The soup is free, really ? OK what's the catch ? Makes me smile when I think about it.. It's important to add at this point that none of this would have been possible without the help from Niamph, Pam and Rebecca, who steered and supported me through those early days.

Today we serve around 120 portions of soup twice a week. It is made on site, using only the freshest of ingredients and these are purchased the day before. Over 7000 portions of soup have now been served and 1000 jacket potatoes, but I'll let you in to a little secret ... it's not about the food. In some ways we will never know the true impact “Hug In A Mug” has on individuals but there is no doubt it brings people together. A simple cup of soup is so much more than that, boosting energy and morale when needed most.

I could share many, many more stories but the important thing is that it genuinely does make a difference, and I can confidently say it has been a success. **Malcolm Heaven**



Manish Acharya Sood - has written a book *The Indian Shadow*

I have been with the NHS LPT for nearly two years. I work about four hours a week for the LPT voluntarily in Mental Health Employment Services (MHES). At present I am also studying for an MSc in International Hospitality Management, part-time through remote learning, due to the Covid 19, at a University in the Midlands.

The book is basically a biography of myself and all the different challenges and difficulties I faced whilst growing up, as nobody including my family knew how to deal with a person who has autism and Asperger's Syndrome.

I have also completed the NHS Leadership programme with Angela Newton, and my book was also referred to on the course. I was after the course asked to join the Board of Directors for the NHS LPT.

[the Indian Shadow, Manish-Acharya-Press Release](#)

Mett Centre Volunteers



During the pandemic and missing the Mett Centre staff and clients I decided to sign up to the

NHS voluntary organisation Sam responder. There are many roles you can choose to do, for myself I chose the 'check in and chat role' as I am able to do it from home and only when I feel able to. At the start I struggled mainly due to change, but now I do it on more days and I get a sense of satisfaction from it. I get to chat to a wide variety of people from all over the country which is amazing. There's not much else I can say on this other than in spite of this horrible pandemic I feel I've managed to do something positive. But it's not stopped me missing my role at the Mett Centre.

Josie Holland



I've been struggling during lockdown, as everyone has been. Motivation being hard, but I thought I would

let you know that my time at the Mett Centre has helped me during lockdown, it has been pretty much the only motivation I have been able to find. The Mett Centre clearly responsible for re lighting my art enthusiasm, not only as a patient, but also as a volunteer with the LPT helping with the pottery class. Art is a medium that I believe has no wrong, every brush stroke, every thumb pressed into clay is unique hope this will be of help to those recovering, showing exactly why the LPT is such a worthwhile organization. **Terry Wells**

Please remember to let us know when you don't wish to volunteer with us anymore.

We are located in Unit 2, Bridge Park Plaza, Bridge Park Road, Thurmaston, Leicester, LE4 8PQ

For further information please tel: 0116 295 0918 or email us at volunteering@leicspart.nhs.uk

website at: www.leicspart.nhs.uk/volunteering