



Recovery & Collaborative Care Planning Café





Before we start, how to use MS Teams





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The buttons we are using today



Introductions



Please leave your names in the chat box so we can see who is here

Todays Café Meaning

- 1pm Welcome, recap and overview of today's café Haley Cocker, Patient Experience and Involvement Manager
- Introduction to CHIME & this months theme; Meaning
 Azar Richardson, Expert By Experience, Patient Leader
 Lyn Williams, Head of Mental Health and Wellbeing Services for Older People



Agreement for our space

- This is your space to support, share and learn from each other, although please do be mindful that some content could be triggering for others.
- Respect others beliefs and values listen with an open minds.
- This is a non judgemental space.
- The whole group will keep to the agenda/subject area of discussion.
- We will move people on if necessary, if they go off subject or due to time and allowing others the chance to share.
- If you do find anything in this café today has a negative impact please do reach out for support. Signposting

Future Café Dates

Virtual Recovery Cafes		
Month & CHIME Theme	Date & Time	The Same MS Teams Link for every Café although hoping to move to face to face later in the year
Sept -Meaning	Weds 29 th 11-12:30	
Oct - Connectedness	Fri 29 th 1-2:30	Microsoft Teams meeting Join on your computer or mobile app <u>Click here to join the meeting</u>
Nov – Hope	Mon 29 th 11-12:30	
Dec - Xmas	Weds 22 nd 1-2:30	

Information will be emailed out

