

How are you feeling..?

Please complete the NHS Quarterly Pulse Survey and share your thoughts

Happy New Year to our LPT family!

Last year was a challenging year, and the beginning of this new year is feeling just as pressured. That is why it is vital we continue to check in on how you are feeling so that we make sure you are supported and listened to. One of the most effective ways to hear from you is through regular surveys that just take a few minutes to complete and are completely anonymous.



Everyone is a leader at LPT – we all have a voice and can make a difference. Your views have been vital in shaping our vision, strategy and leadership behaviours for all as well as in our Road to Recovery and enhancing our health and wellbeing offer throughout the pandemic. Continuing to share your views is a key part of ensuring we build on what is working, address barriers and remain stronger together.

Please [complete the People Pulse survey by 31 January 2022.](#)

What is the quarterly People Pulse Survey?

We will be giving you the opportunity to share your views on how supported you feel through a short quarterly People Pulse survey. The results will help us ensure that we continue to move in the right direction to Step up to Great together. All Trusts will be asking staff to complete the quarterly survey so we can see how we are doing compared to our peers.

The survey is **completely anonymous and takes just five minutes to complete.** Results are managed and reported on nationally. It includes eight core questions about your health and wellbeing, how you're feeling and what support you may need; plus an additional nine questions that mirror the annual staff survey questions with a focus on staff engagement.

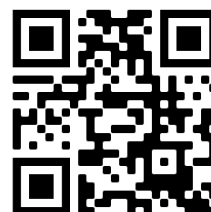
[FAQs](#) are available if you have any further questions about the People Pulse survey.

Why should you take part in the People Pulse Survey?

By sharing your views in the People Pulse, you will helping to ensure the best staff support and experience at work for your health and wellbeing, and in relation to equality, leadership and culture across the Trust.

How can you complete the survey and share your thoughts?

[Click now](#) to take part in the People Pulse or scan the QR code to access the People Pulse on your smartphone.



The survey will be open until **31 January 2022**.

Your voice counts and we want to hear from you.

How has your feedback been used at LPT?

We have worked hard to ensure all teams feel supported, and that we continue to widen our work on staff health and wellbeing and our equality, diversity and inclusion commitments.

- Using the BIG conversations for our road to recovery, we've widened access to our health and wellbeing offer, including the Wellbeing Wednesday newsletters and recordings of sessions, healthy working day guidance and wellbeing conversations, and through the health and wellbeing festivals
- We have continued our journey of becoming an anti-racist Trust. From educational celebration events like South Asian Heritage Month and Black History Month, to reverse mentoring and cultural intelligence learning sets, we have introduced a wide-ranging programme over the last year. We have also launched a quarterly masterclass series – Our first one was with John Amaechi
- Our updated appraisal process was launched last year with an improved focus on your health and wellbeing and how we can nurture your career.

These are just some of the improvements that have been informed by and introduced as a result of your feedback. Everyone has played their part in our Step up to Great journey and you have continued to go above and beyond to deal with the additional challenges we have been presented with in the last two years. We are truly proud of you, thank you - #WeAreLPT

**[Click now](#) to take part in the People Pulse
– your voice counts**

The National Quarterly Pulse Survey

Our experience at work changes. It's important that we listen to you regularly and respond.



Please scan the QR code to participate in the National Quarterly Pulse Survey

Let us know how you are feeling