**Dynamic Support Pathway (DSP) for Adults**

**Learning Disability and Autism Services**

The Dynamic Support Pathway (DSP) is a pathway developed to provide support for individuals with a Learning Disability, Autism or both who are deteriorating in their health and well-being whilst living in the community. The goal is to identify concerns early and to be able to take steps to provide additional support in order to prevent further deterioration and any escalation, which may lead to a crisis.

This DSP is for:

* Adults with a Learning Disability, Autism or both
* Residents of Leicester, Leicestershire and Rutland
* Individuals fully or partially health funded in out of area placement can still be referred to the ROAR for a request for a CTR

Below is the agreed criteria for referring an individual to the Dynamic Support Pathway.

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| **Rating** | **Action Required** | **Guidance notes regarding when to apply this rag rating** |
| **Red** | **Request for an urgent CTR.****Placement on Risk of Admission Register (ROAR)** | * The individual continues to deteriorate in well-being and risk of admission has increased. There is no improvement following the MAM. Additional support put in place has not been sufficient to meet the needs of the individual/family/carer/community placement provider.
* A second MAM is not required in these circumstances. Access to immediate additional support is required via a CTR.
* An individual may be referred directly to the ROAR if admission avoidance is urgent and a CTR is being requested.
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| **Amber** | **Referral to the Dynamic Support Pathway.****Inclusion on the Dynamic Support Register/Request for a multi-agency meeting is automatic once the referral has been completed.****The action plan detailing the additional support required will be developed at the first MAM. Agreed actions will be followed to ensure completion.**  | **There is a significant concern for the health and well-being of the individual (any cause). Concerns may include:*** There is a significant increase in behaviours that challenge. Support is required in order to prevent further deterioration in well-being, which may result in a future increased risk of referral to other services and/or hospital admission.
* Deterioration in physical/mental health and wellbeing may include but is not limited to social withdrawal, self-neglect, anxiety, increased verbal or physical aggression towards self and/or others, damage to property, self-harm, suicidal thoughts, escalating anxiety, increased ritualistic behaviours or internal experiences such as hearing voices which are having a significant impact on well-being.
* The family/carer/placement provider is finding the situation difficult to manage. Carer strain may be becoming a concern.
* There is a new safeguarding issue for the individual, their carer or other family member. There is more than one vulnerable person in the household requiring additional support.
* The carer has a significant underlying physical or mental health condition that is affecting their ability to continue to provide the level of care and support required.
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