

| Role | Meaningful Activities Volunteer |
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| Purpose | <p>To promote patient involvement in meaningful activities within the inpatient wards.</p> <p>To provide support to the inpatient team with 1:1 and potentially small group interventions. Activities may include arts/crafts, singing / dancing / low level exercise, simple games, basic gardening tasks.</p> <p>To maintain & improve patient independence & improve wellbeing.</p> |
| Benefits of this volunteer activity | <ul style="list-style-type: none"> • Supports patient involvement • Gives other staff / MDT(Multi-Disciplinary Team) another perspective • Allows patients time on the ward environment engaging in activity |
| Base | St Luke's hospital, Market Harborough |
| Hours | Minimum of 2 hours per week, for at least six months. |
| Reports to | Occupational Therapists and Nurse in Charge |
| Key tasks | <p>Tasks may include the following:</p> <ul style="list-style-type: none"> • To engage patients in meaningful person-centred activity • To support teams to plan and evaluate the effectiveness of sessions – discussing ideas and providing feedback following sessions • To assist teams in engaging with patients in social / leisure-based activities to enhance their experience and promote mental and physical wellbeing • To support patients with skill maintenance and development opportunities which in liaison with the inpatient therapy and nursing teams and through delegated activities • To support patients to complete the 'my voice' document – a weekly feedback from patients into the MDT discussion and care planning |
| Exclusions | <p>Volunteers are not expected to be involved in any of the following:</p> <ul style="list-style-type: none"> • Moving & Handling of patients or provision of other physical safety interventions • Carrying out duties without supervision – all direct patient work will be supported • Covering staffing numbers when safe staffing is not achieved – the volunteer role will be supernumerary |
| Person Specification and Requirements | <ul style="list-style-type: none"> • Previous experience of working with people (for example in a voluntary or paid role or in a community/inpatient setting) • Understanding/knowledge of working with people with learning disabilities and additional needs such as autism, mental health needs, anxiety, attachment difficulties • Good communication skills • Able to follow instructions • Willingness to help and work to time targets • Punctual and reliable • Able to work independently and as part of a team • Understanding of need for confidentiality |

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| | <ul style="list-style-type: none"> • Commitment to uphold trust core values and NHS policies |
| <p>Training and Support Needs</p> | <ul style="list-style-type: none"> • Information Governance • Health and Safety • Infection Prevention and Control • Use of Personal Protective Equipment (PPE) (if required for the role) • Confidentiality • Safeguarding • Equality and Diversity • Local trust induction and orientation • Any other mandatory training as specific by the service <p>An enhanced DBS is required for this role. This is processed free of charge for volunteers.</p> |
| <p>COVID-19 Guidance</p> | <p>In line with government and Leicestershire Partnership Trust advice</p> |