Medical Psychology Service

Referral received by department and read to make sure this is the most helpful service for you



If the referral is accepted, you will be sent a letter asking you to telephone the department to schedule an assessment



Assessment with psychologist



If we are the most suitable service to meet the needs discussed at your assessment, your psychologist will also discuss **treatment options** with you (e.g. group or individual therapy)



Wait to be contacted when near top of waiting list

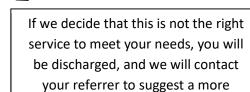


'Opt in': Receive letter from the department when near top of waiting list.

Contact department to confirm that you still wish to attend treatment.
You must do this by the date written in your letter



Receive call or letter from department offering first treatment appointment



suitable service where possible

If we decide after assessment that this is not the right service to meet your needs, you will be discharged, and we will contact your referrer to suggest a more suitable service where possible