

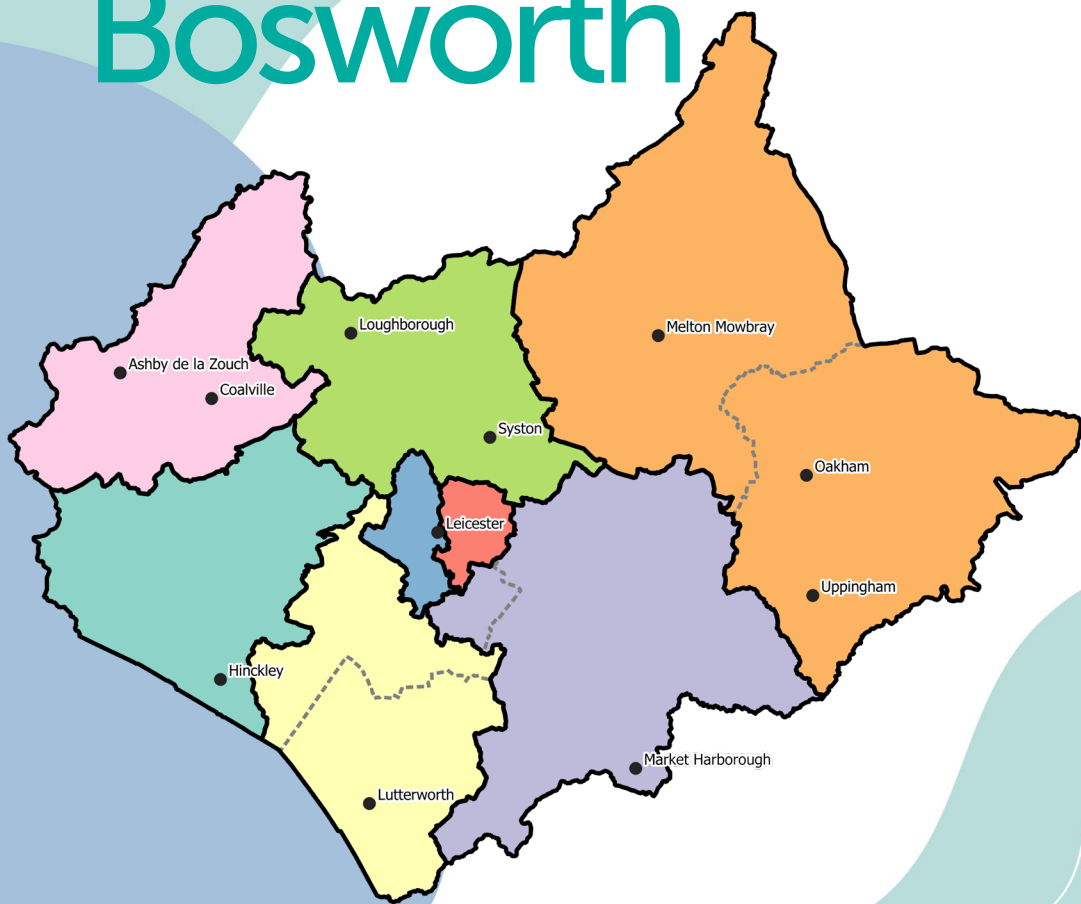


**Leicester, Leicestershire  
and Rutland**  
Health and Wellbeing Partnership



# In your area...

# Hinckley and Bosworth



# Crisis Cafés



**Hinckley Crisis Café** - provided by  
Turning Point

Hinckley Baptist Church, Baptist Walk,  
Hinckley, Leicestershire, LE10 1PR

Email: [leicestershire.helpline@turning-point.co.uk](mailto:leicestershire.helpline@turning-point.co.uk)

**TURNING  
POINT**  
inspired by possibility



## Mental Health Wellbeing Recovery Support Service (MHWRSS)

This service is open to anyone aged 18+ who is experiencing emotional and mental health problems, as well as their carers. Its goal is to help you to maintain and improve your mental wellbeing, become empowered to achieve your goals, and to live a meaningful life. You don't need a mental health diagnosis to use this service - it is open to people who would benefit from support offered.

### **Hinckley and Bosworth**

**Address:** The Crescent, 27 King Street, Leicester, LE1 6RX

**Email:** [nwleicshbos.mhm@nhs.net](mailto:nwleicshbos.mhm@nhs.net)

**Phone:** 0300 323 0189

**Website:** [www.mhm.org.uk/mental-health-wellbeing-recovery-service](http://www.mhm.org.uk/mental-health-wellbeing-recovery-service)

**mhm**  
mentalhealthmatters®

# Support in the community



## **Age UK**

Services to support the wellbeing of older people and informal / family carers.

Email: [enquiries@ageukleics.org.uk](mailto:enquiries@ageukleics.org.uk)

Phone: 0116 299 2233

**[www.ageukleics.org.uk](http://www.ageukleics.org.uk)**



## **LAMP**

Provides independent community mental health advocacy to the people of Leicester, Leicestershire and Rutland, including support to families and carers.

Email: [info@lampdirect.org.uk](mailto:info@lampdirect.org.uk)

Phone: 0116 255 6286

**[www.lampadvocacy.co.uk](http://www.lampadvocacy.co.uk)**



## **British Red Cross**

British Red Cross provides practical and emotional support to asylum seekers, refugees and vulnerable migrants in Leicester and Leicestershire. They undertake the casework to lift them out of destitution and signpost them to relevant support agencies.



**Harmless** provides a community self-harm and suicide bereavement service for people who live in Leicester, Leicestershire and Rutland.

Email: [leicester@harmless.org.uk](mailto:leicester@harmless.org.uk)

Phone: 0115 8800 280

**[www.harmless.org.uk](http://www.harmless.org.uk)**

**SHARP** provide housing advice, help and support for people who have been made homeless or are facing serious housing problems, across Leicestershire.

Email: [info@leicestershelter.org.uk](mailto:info@leicestershelter.org.uk)



## Support from your local council

**First Contact Plus** is an online tool which helps adults in Leicestershire find information about a range of services all in one place.

[www.firstcontactplus.org.uk](http://www.firstcontactplus.org.uk)



## Local Area Coordinators

**Local Area Coordination uses a strength based and person-centred approach to support people and their families to have a good quality of life.**

**John Coghlan**, LAC - Newbold Verdon, Desford, Botcheston and Thornton

Email: [john.coghlan@leics.gov.uk](mailto:john.coghlan@leics.gov.uk) Phone: 07943 026 977

**Bev Haslam**, LAC - Hinckley Town

Email: [bev.haslam@leics.gov.uk](mailto:bev.haslam@leics.gov.uk) Phone: 07768 616 041

**Jayne Boothby**, LAC - Hinckley Town

Email: [jayne.boothby@leics.gov.uk](mailto:jayne.boothby@leics.gov.uk) Phone: 0752 6927 342

**Christy Waring**, LAC - Barwell and Earl Shilton

Email: [christy.waring@leics.gov.uk](mailto:christy.waring@leics.gov.uk) Phone: 0794 7949 721

**Rachel Ball**, LAC - Burbage

Email: [rachel.ball@leics.gov.uk](mailto:rachel.ball@leics.gov.uk) Phone: 0773 6632 371