



OUT OF HOURS CLUB RUTLAND

Out of Hours Club Rutland aka OHCR is a group for young adults with additional needs age 18+ who are at risk of or have become very isolated, to get together doing various activities supervised by age appropriate leaders.

Each member chooses the activities they would like to do throughout the year which the leaders use to build each members' confidence, enabling them to become more independent whilst doing age appropriate activities with their peers.

If you are 18+ and have additional needs or your young adult wishes to join us at Out of Hours Club Rutland, then please contact us via the details below.





If you would like to support and/or make a donation to the Out of Hours Club Rutland please contact us via the details below.