

Top tips for transition



Make sure there are no events happening on transition days that we will miss

Having a friend in my new class that I like will really help me worry less





Schools, encourage all staff to be welcoming



Parents comfort and support us. Make sure there is a way for them to communicate with you easily





Having an older friend or sibling at the school helps us to feel less worried. Encourage them to join transition days and allow them to support us after transition.

If possible, let me have my timetable before the summer so I can become familiar with it and practice using it in the holidays.





Teachers! Information can be hard to process and remember. If I ask a question again, it's because I have forgotten.