

# Autism Outreach Team - Youth Forum

When working in groups...

Let me in groups with peers I can get on with.

Ask us our opinions and include our ideas



In the corridors my peers could...

Follow the rules and expectations

In assembly my peers could...

Not make so much noise

Give everyone space and try not to crowd

**BRIGHT  
IDEAS**

When outside at breaktime my peers could...

Be kind and thoughtful and avoid sarcasm.

In the dinner hall my peers could...

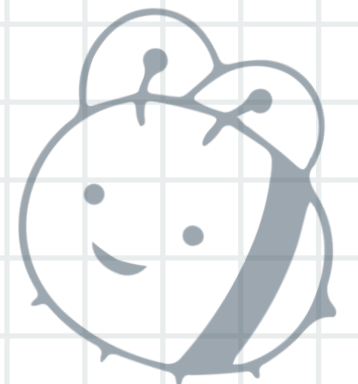
Let me sit next to them

Avoid touching me with greasy hands

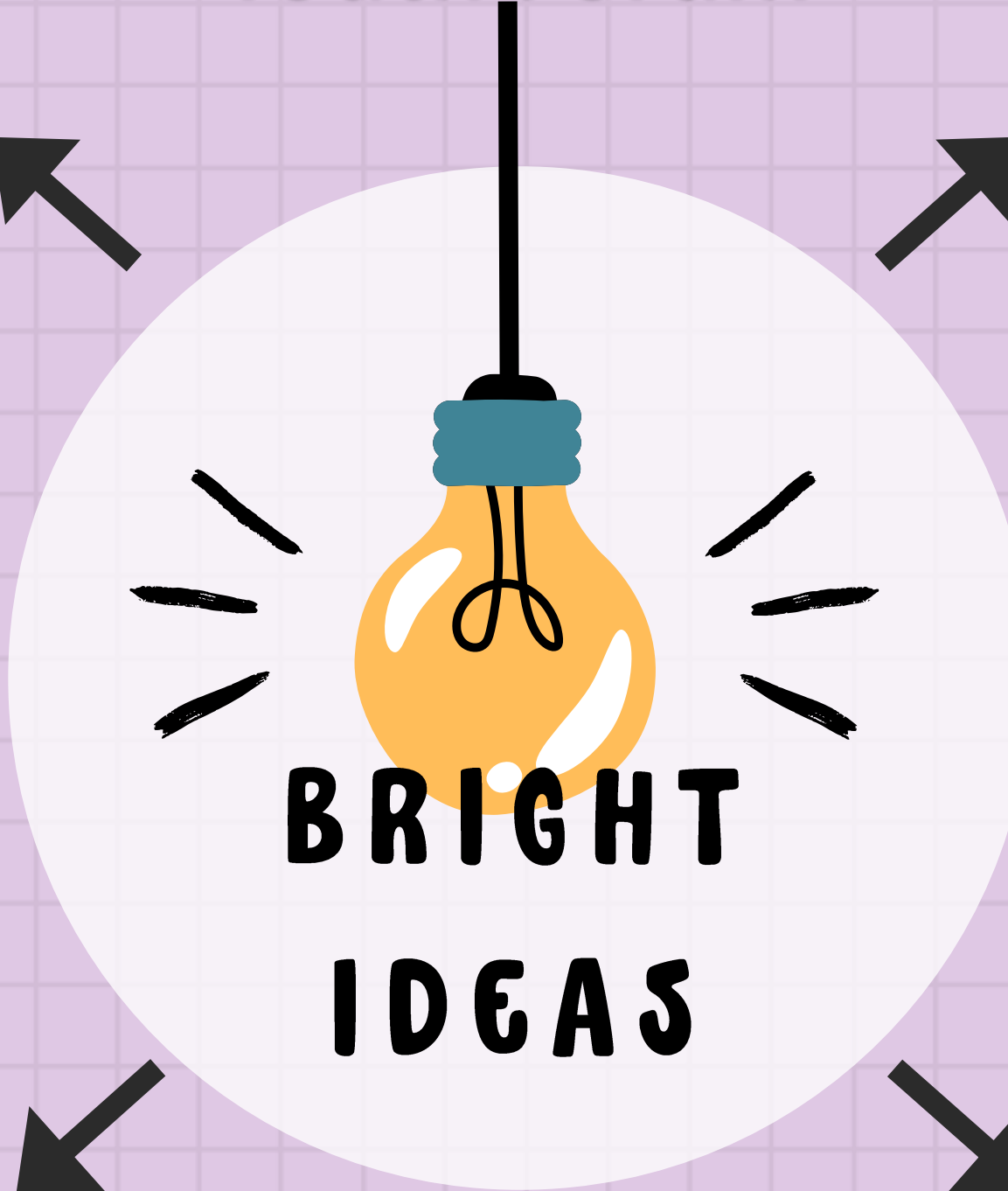


When I go to clubs my peers could...

Let everyone have a chance

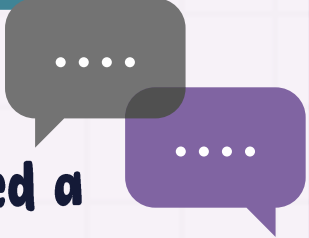


# Autism Outreach Team Youth Forum



When working in groups or pairs, my peers could....

**Include me in ideas and discussion**  
**Understand that I might need a break for a few minutes**



When outside at break my peers could....

**Not shout as much when near to me**  
**Leave me alone I need space**  
**Don't change where we sit or meet up**  
**Speak to me a little more and include me**



In Assembly my peers could....



**Give me space**  
**Not judge if I have to leave**

In the dinner hall my peers could....

**Not cut the queue, wait their turn**  
**Sit with me somewhere quieter in a small group**



In the corridors my peers could....



**Give me space**  
**Check that I know where I have to go**

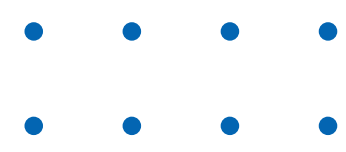
When I choose to go to clubs my peers could....



**Let everyone have a chance**  
**Let me know if they're not going as I'm more comfortable when my friends are there**

## FOR SECONDARY PEERS

# Autism Outreach Team Youth Forum



Be clear with the language you use and check back that I have understood you. Be specific in requests.

Don't ask me a question spontaneously as I will be too anxious to respond even if I know the answer.

Assume I'm listening - I may be multi-tasking!.

Avoid sarcasm – if you do use it, explain it to me



Make it clear when you are asking a 'real' question (don't use rhetorical questions).

Trying to understand the pupil first rather than their behaviour

I am not over reacting to a situation.  
Don't tell me I'm fine.

Help autistic and neurotypical people know they might need to adapt to each other!