

| Role | Gardening Volunteer Role |
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| Purpose | To support staff and patients to engage therapeutically in gardening activities. |
| Base | Evington Centre – Coleman and Gwendolen Wards |
| Hours | Variable; minimum 1 hour |
| Reports to | Occupational Therapist, MHSOP inpatients |
| Benefits of this volunteer activity | <ul style="list-style-type: none"> • To support/guide others to engage therapeutically in gardening activities • Opportunity to spend time doing something you can feel proud of • Improve your confidence • Opportunity to meet new people • Fresh air and exercise |
| Exclusions | <p>Volunteers are not expected to be involved in any of the following:</p> <ul style="list-style-type: none"> • Moving and handling of patients • Patients personal care • Heavy lifting |
| Key tasks | <p>Tasks may include the following:</p> <ul style="list-style-type: none"> • Supporting with gardening groups • Weeding and tidying • Seed sowing • Plant care • Light digging • Replanting |
| Person Specification and Requirements | <ul style="list-style-type: none"> • Be fit and able • Some gardening knowledge and skills to share • Good communication skills • Willingness to help • Punctual and reliable • Enthusiasm for improving patient well-being and recovery • Able to work independently and as part of a team • Commitment to uphold trust core values and NHS policies |
| Training and Support Needs | <ul style="list-style-type: none"> • Information Governance • Health and Safety • Infection Prevention and Control • Use of Personal Protective Equipment (PPE) • Confidentiality • Safeguarding • Equality and Diversity • Local trust induction and orientation |

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| | <ul style="list-style-type: none">• Any other mandatory training as specific by the trust <p>An enhanced DBS is required for this role. This is processed free of charge for volunteers.</p> |
| COVID-19 Guidance | In line with current Government and Leicestershire Partnership Trust advice |