

Neighbourhood Mental Health Cafés



Leicester, Leicestershire
and Rutland

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Leicester University 10am - 3pm</p> <p>Saffron 10am - 4pm</p> <p>Coalville 2pm - 6pm</p> <p>Loughborough 5pm - 10.30pm</p> <p>Aylestone 6pm - 11pm</p>	<p>De Montfort University 10am - 3pm</p> <p>Leicester City 9.30am - 4.30pm</p> <p>Measham 4pm - 7pm</p> <p>Enderby 4.30pm - 8.30pm</p>	<p>Eyres Monsell 10am - 3pm</p> <p>Coalville 10am - 2pm</p> <p>Highfields 2pm - 6pm</p> <p>Market Harborough 12.30pm - 7.30pm</p> <p>Hinckley 1pm - 6.30pm</p> <p>Peepul Centre 2pm - 8pm</p> <p>Melton 2pm - 6pm</p> <p>Lutterworth 5pm - 9pm</p> <p>Earl Shilton 6pm - 11pm</p>	<p>New Parks 12 noon - 6pm</p> <p>Syston 12 noon - 3pm</p> <p>Loughborough University 6pm - 11pm</p> <p>Rutland 5.30pm - 8.30pm</p>	<p>Thurnby Lodge 10am - 3pm</p> <p>Highfields 2pm - 6pm</p> <p>Measham 1pm - 4pm</p> <p>West End 6pm - 11pm</p> <p>Melton 6pm - 10pm</p> <p>Loughborough 5pm - 10.30pm</p> <p>Coalville 6pm - 10pm</p>	<p>New Parks 11am - 5pm</p> <p>Oadby & Wigston 10.30am - 5.30pm</p>	<p>Rutland 4pm - 7pm</p>



Information on the Cafés may be subject to change. For up to date times, locations and days, scan the QR Code or visit:
www.leicspart.nhs.uk/services/neighbourhood-mh-cafes

