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## Disabled parent support group

Mosaic 1898 and Enable2Parent's Disabled Parents Support Group are offering an online support course for physically disabled parents living in Leicester, Leicestershire, and Rutland.

#### Join us online: Thursdays 11am - 12:30pm

liberty, advocacy and voice





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# The 6 week course will cover the following topics:

- Baby care with a disability
- Equipment options and adaptive parenting strategies
- Parenting with an invisible illness
- Getting out and about with a little one
- Overcoming negative attitudes
- Plugging into peer support

For more information and booking please contact Holly Dunkley at Mosaic 1898 email holly.dunkley@mosaic1898.co.uk or call 0116 2318720



