



PEEPUL MENTAL HEALTH COMMUNITY SYMPOSIUM

in partnership with the **NHS**

7TH OCTOBER 2023

10am - 1.30pm
@ The Peepul Centre,
Orchardson Avenue,
Leicester, LE4 6DP

Mental Health is a Universal Human Right

Find Out How You Can Get The Right Support

Speakers

Keynote by

Dr Ananta Dave FRCPsych
Chief Medical Officer
Black Country & West Birmingham ICB
Healthcare Inequalities, Ethnic Diversity

Dr Nij Singh FRCPsych
Consultant Psychiatrist
Improving Mental Health in Our Communities

Mr Ranjit Thaliwal Solicitor
Representing those Detained on Section

Ms Sandeep Saib
Mental Health Advocate with Lived Experience

Chair

Dr Santosh Bhanot

Community Stands Supporting Mental Health & Wellbeing

- Neighbourhood Mental Health Cafés
- Dementia
- Belgrave & Spinney Hill PCN
- Suicide Prevention
- Substance Abuse
- Financial Problems
- Domestic Violence Support Groups
- R U OK? Mental Awareness NHS Campaign
- Talking Therapies
- Mind
- Wellness Activities

TO REGISTER CALL PEEPUL HEALTH ON: **0116 261 6000**
OR EMAIL: **enquiries@peepulenterprise.com**