

Role	Meaningful Activities Volunteer
Purpose	To promote patient involvement in meaningful activities, within the inpatient wards, either 1:1 or in small group interventions. To maintain & improve patient independence & improve wellbeing.
Benefits of this volunteer activity	<ul style="list-style-type: none"> • To maintain & improve patient independence & improve wellbeing. • Supports patient involvement. • Gives other staff / MDT(Multi-Disciplinary Team) another perspective • Allows patients time on the ward environment engaging in activity
Base	Welford Ward, Bennion Centre, Groby Rd, Leicester LE3 9DZ
Hours	Minimum of 2 hours per week (ideally at the weekend), for at least six months.
Reports to	Jacy Cottingham, Ward Manager
Key tasks	<p>Tasks may include the following:</p> <ul style="list-style-type: none"> • Engaging patients in meaningful person-centred activity. • Supporting teams to plan and evaluate the effectiveness of sessions – discussing ideas and providing feedback following sessions • Assisting teams in engaging with patients in social / leisure-based activities to enhance their experience and promote mental and physical wellbeing. Activities may include arts/crafts, singing / dancing, simple games, basic gardening tasks
Exclusions	<p>Volunteers are not expected to be involved in any of the following:</p> <ul style="list-style-type: none"> • Moving & Handling of patients or provision of other physical safety interventions • Carrying out duties without supervision – all direct patient work will be supported • Covering staffing numbers when safe staffing is not achieved – the volunteer role will be supernumerary
Person Specification and Requirements	<ul style="list-style-type: none"> • Must be over the age of 18years • Previous experience of working with people (for example in a voluntary or paid role or in a community/inpatient setting) • Understanding/knowledge of working with people with eating disorders and additional needs such as autism, mental health needs, anxiety, attachment difficulties • Good communication skills • Able to follow instructions • Willingness to help • Punctual and reliable • Able to work independently and as part of a team • Understanding of need for confidentiality • Commitment to uphold trust core values and NHS policies

<p>Training and Support Needs</p>	<ul style="list-style-type: none"> • Trust Mandatory Training which must be kept in date • Local Trust induction and orientation • Any other mandatory training as specified by the service <p>An enhanced DBS is required for this role. This is processed free of charge for volunteers.</p>
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