

Community nursing and therapy services

Information leaflet



You can reach all
members of the team by contacting
the Single Point of Access (SPA) on:

0300 300 7777

If you are expecting a visit and have not
had one by 5pm - please call us on this number

www.leicspart.nhs.uk

Email: lpt.feedback@nhs.net

The community nursing and therapy services

Welcome to the community nursing and therapy services. We are an integrated, diverse team of professionals who come with a wide background of experience and skills. We provide advice and support for people with a variety of health care conditions.

Examples of care we deliver include:

- management of wounds and leg ulcers
- management and care of patients with a palliative diagnosis, symptom control and end of life care
- bowel, continence and catheter care
- management and administration of medication for those who are unable to manage this independently or with the assistance of carers/relatives
- therapy assessments and treatments - equipment provision, falls management, mobility assessments, post-operative rehabilitation and assessment of ability to complete everyday tasks in the home.

We aim to help people to remain healthy and independent for as long as possible.

The care and treatment we provide

The care and treatment we provide can be planned, intensive and/or specialist and will be delivered in the most appropriate place, including:

- your own home (for those who are housebound)
- a clinic setting
- a community hospital
- a GP surgery.

A housebound person is someone that either cannot leave their home at all, or who requires significant assistance to leave the home. This may be due to disability, illness (both physical and mental ill health), extreme frailty, recent surgery, or because they are nearing the end of life.

Non housebound people include those who can use a wheelchair without assistance or with minimal support,

have access to transport via relatives/friends, or the ability to use community transport or a taxi.

Promoting self care

We encourage independence where possible and at the point of admission to our service you will be assessed by a clinician in relation to your ability to manage your care independently. With the support of your relatives and carers as needed, we will support you to develop knowledge, skills and confidence to do this. We will discuss and agree a plan of care together and give you a timeframe for your expected discharge.

The people in the community nursing and therapy team

The treatment you need may mean that you are seen by more than one professional from different teams and specialisms at the same time. Please note that we cannot always guarantee visits from the same professional each time and you may be visited by staff from our temporary workforce and nursing agencies. All staff that visit you will possess the required skill set to deliver the care that you require.

The teams consist of:

- registered nurses
- healthcare assistants
- clinical apprentices
- phlebotomists (people who take blood samples)
- assistant practitioners
- nursing associates and trainee nursing associates
- occupational therapists
- physiotherapists
- physiotherapy and occupational therapy assistants and technical instructors
- students from all of the above professions.

We aim to ensure that our patients are cared for in the right place, by the right person with the right skills at the right time.

We work closely with:

- social care (local authorities) and care agencies
- GPs
- acute hospitals
- hospices.
- community hospitals
- specialist nurses

Notes

**If you
need help to
understand this
leaflet or would like it
in a different language
or format such as
large print, Braille or
audio, please ask a
member of
staff.**

Date implemented: January 2020
Last reviewed: April 2024
Review date: April 2026
Leaflet No. 529 Edition 3
Replaces leaflet 508 - Edition 2