



Looking for support from the school nursing team?




Call the Healthy Together Helpline for easy to access, safe and free advice, support and signposting


0300 300 3001

Calls are answered between 9am-4.30pm Monday- Friday, excluding bank holidays

Get support with:

- Healthy eating
- Child development
- Behaviour

- Sleep
- Emotional health
- Parenting concerns

 ChatHealth
You can also text on:
07520 615 382
The service operates 9am-5pm
Monday- Friday,
excluding bank holidays

Health for Kids! Grownups
 healthforkids.co.uk/grownups
Discover support, advice and information for parents/carers of primary school aged children
