

Role	Gardening Volunteer Role
Purpose	To support the Mental Health Older Persons Inpatient with general gardening
Base	Gwendolen Ward, Evington Centre, Leicester LE19 4SL
Hours	Variable; minimum 2 hours
Reports to	Ward sister/ Nurse in Charge
Benefits of this volunteer activity	• Supports patients to develop their health, well-being and recovery • Opportunity to gain experience as well as new skills and knowledge
Key tasks	Tasks may include the following: • General weeding • Light digging • Replanting • Removal of debris • Sweeping slabs • Disposal of rubbish – bags provided by hospital
Person Specification and Requirements	• Some Dementia experience/understanding would be preferable • Good communication skills • Willingness to help • Punctual and reliable • Able to work independently • Commitment to uphold trust core values and NHS policies
Training and Support Needs	• Trust core mandatory Training • Local trust induction and orientation • Any other mandatory training as specific by the trust • Disengagement training An enhanced DBS is required for this role. This is processed free of charge for volunteers.